

LUNCH CALENDAR

FEBRUARY, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Chicken Fried Steak w/ Country Gravy Mashed Potatoes Sugar Snap Peas Apricots 1
Stuffed Chicken Breast 4 Long Grain & Wild Rice Cook's Choice Vegetables Fresh Grapes Juice	Biscuits & Gravy 5 Hash Brown Casserole Tossed Salad Fruit Crunch	Chicken & Noodles 6 Mashed Potatoes Peas & Carrots Peaches Yogurt	Ham Loaf 7 (LS Alt=Meatloaf) Sweet Potatoes Green Beans Pineapple	Stuffed Green Peppers 8 Steamed Broccoli Cream Style Corn Bananas Wauseon Site Only, Pasta Bar
Hot Chicken Sandwich 11 Roasted Potatoes Cole Slaw Baked Apples	Sausage & Sauer Kraut 12 (LS Alt=Pork Loin) Smashed Red Potatoes Peas w/Onions Mixed Fruit	Beef & Barley Soup 13 (LS Alt=Tomato Soup) Turkey Sandwich Broccoli Salad 5 Cup Salad Wauseon Site Only, Tuna Fish	Pot Roast 14 Boiled Potatoes Carrots Orange Segments Brownies	BBQ Pork Sandwich 15 Macaroni & Cheese Succotash Cole Slaw Juice
18 CLOSED PRESIDENTS' DAY	Steamed Franks 19 (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Pineapple	Goulash 20 Cooked Cabbage Mixed Vegetables Peaches All Sites, Taco Day	Navy Bean Soup 21 (LS Alt=Tomato Soup) Deli Chicken Sandwich Pea Salad Jell-O	Shepherd's Pie 22 Summer Squash Green Salad Fruit Crisp
Chicken & Vegetable Soup 25 Cold Cut Sandwich Kidney Bean Salad Cranberry Orange Relish	Burgers 26 Potato Wedges Midori Blend Vegetables Fresh Tangerine	Breakfast Sandwich 27 Hash Brown Casserole Spiced Applesauce Juice	Beef & Noodles 28 Mashed Potatoes Green Beans Mixed Fruit Cookies	