## ARCHBOLD / FAYETTE ACTIVITIES

FAYETTE - FAMILY LIFE CENTER TUES., & THURS.

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
|   |   |   | 10:00 Site Council & Nutrition<br>Education; My Plate,<br>Vegetables<br>10:30 Bingo<br>12:00 Lunch & Birthday Cake<br>1:00 Wii Games                  | 10:00 Site Council & Nutrition Education; My Plate, Vegetables 10:30 Bingo 12:00 Lunch & Birthday Cake 1:00 Word Games |
| No Bible Study 11:00 Attorney Rebecca Steinhauser or Kara Ford, Medicaid for Seniors 12:00 Lunch 1:00 Games | 11:00 Games 6<br>12:00 Lunch<br>1:00 Cards  | 10:30 Toe Nail Clinic,<br>by appointment<br>11:00 "Just So You Know"<br>& Free BP Checks,<br>Fulton Co. Health Dept.<br>12:00 Lunch<br>1:00 Wii Games | 10:30 Bingo 8 12:00 Lunch 1:00 Word Games   | 10:30 Bingo 9 12:00 Lunch 1:00 Puzzles   |
| No Bible Study 11:00 Zingo 12:00 Lunch 1:00 Cards & Games   | 11:00 Tips on How to Talk to Your Doctor, Val Edwards 12:00 Lunch 1:00 Wii Games  | 11:00 Music by Jimmy Stewart 14:00 Lunch 1:00 Word Games  | Wear Purple for World 15 Elder Abuse Awareness Day  10:30 Tee Time at Ironwood, Wauseon (Sign up; meet there)  10:30 Bingo  12:00 Lunch  1:00 Puzzles | 10:30 Bingo<br>12:00 Lunch<br>1:00 Cards   |
| No Bible Study 11:00 Cards 12:00 Lunch 1:00 Wii Games   | 10:00 Tee Time at White Pines, Swanton (Sign up; meet there) 10:30 Toe Nail Clinic, by appointment 11:00 "Just So You Know" & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Games | Wear Your Senior Center 21 Hat or Shirt Today 11:00 Wii Games 12:00 Lunch 1:00 Puzzles  | 10:30 Bingo<br>12:00 Lunch<br>1:00 Cards  | 10:30 Bingo 23<br>12:00 Lunch<br>1:00 Games  |
| No Bible Study 11:00 Wii Games 12:00 Lunch 1:00 Word Games  | Wear Your Senior Center 27 Hat or Shirt Today 11:00 Music by Jimmy Stewart 12:00 Lunch 1:00 Puzzles   | 11:00 Free Concert by Senior Center Choir 12:00 Lunch 1:00 Cards  | 10:00 Extended Bingo<br>12:00 Lunch<br>1:00 Games   | 10:00 Extended Bingo 30<br>12:00 Lunch<br>1:00 Cards & Games   |

## DELTA / SWANTON ACTIVITIES

SWANTON 217 CHESTNUT ST. MON., WED., & FRI

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|--|---|---|--|
|   |  |   | 10:00 Site Council & Nutrition Education; My Plate: Vegetables 10:30 Bingo 12:00 Lunch & Birthday Cake 1:00 Word Games                          | 9:45 Walking on Outdoor Path (weather permitting) 11:00 Hand & Foot Card Game 12:00 Lunch 1:00 Wii Games   |
| 9:45 Walking on Outdoor Path (weather permitting) 11:00 Northwest Ohio Animal News, Maumee Bay Naturalist (turtles, animal pelts & artifacts) 12:00 Lunch 1:00 Games                    | 11:00 Free Concert by the Bloomer Bunch 12:00 Lunch 1:00 Puzzles   | 10:00 Site Council & Nutrition Education; My Plate: Vegetables 10:30 Bingo 12:00 Lunch & Birthday Cake from Swanton Health Care 1:00 Word Games | 10:00 Free Hearing Aid Cleaning 8<br>10:30 Bingo<br>12:00 Lunch<br>1:00 Wii Games   | Day Trip, Putt Putt Golf, Defiance 9:45 Walking on Outdoor Path (weather permitting) 11:00 PoKeNo (Bring Pennies) 12:00 Lunch 1:00 Cards           |
| 9:45 Walking on Outdoor Path (weather permitting) 10:30 Toe Nail Clinic (By Appointment) 11:00 "Just So You Know," by Fulton Co. Health Dept. & Free BP Checks 12:00 Lunch 1:00 Puzzles | 10:30 Toe Nail Clinic (By Appointment) 11:00 "Just So You Know," by Fulton Co. Health Dept. & Free BP Checks 12:00 Lunch 1:00 Word Games | 10:30 Bingo 14 12:00 Lunch 1:00 to 3:00 pm Extended Play Mexican Train and Euchre   | Wear Purple for World 15 Elder Abuse Awareness Day 10:30 Tee Time at Ironwood, Wauseon (Sign up; meet there) 10:30 Bingo 12:00 Lunch 1:00 Cards | 9:45 Walking on Outdoor Path 16<br>(weather permitting)<br>11:00 Free Concert by<br>Senior Center Choir<br>12:00 Lunch<br>1:00 Games               |
| 9:45 Walking on Outdoor Path 19 (weather permitting) 10:30 Free Hearing Aid Cleaning 11:00 Interactive Program by Lindsay, Whitehouse Country Manor 12:00 Lunch 1:00 Word Games         | 10:00 Tee Time at White Pines, Swanton (Sign up; meet there) 11:00 Tips from Promedica Stroke Network 12:00 Lunch 1:00 Wii Games         | 10:30 Bingo <b>21</b><br>12:00 Lunch<br>1:00 Cards  | 10:30 Bingo 22<br>12:00 Lunch<br>1:00 Puzzles   | Day Trip, Carruth Studio/ Store 23 9:45 Walking on Outdoor Path (weather permitting) 11:00 Bunco 12:00 Lunch 1:00 Cards & Games                    |
| 9:45 Walking on Outdoor Path 26 (weather permitting) 11:00 Aggravation Game Tournament 12:00 Lunch 1:00 Aggravation Game Tournament   | 11:00 Comedy Club (Bring a <b>27</b> joke or funny story to share) 12:00 Lunch 1:00 Cards  | 10:30 Bingo <b>28</b><br>12:00 Lunch<br>1:00 Puzzles  | 10:00 Extended Bingo 29<br>12:00 Lunch<br>1:00 Games  | 9:45 Walking on Outdoor Path <b>30</b> (weather permitting) 11:00 Coping with Grief, Gary Friesen, Grief Share Program 12:00 Lunch 1:00 Word Games |

## **WAUSEON ACTIVITIES**

MONDAY THRU FRIDAY

**FULTON COUNTY SENIOR CENTER** 240 CLINTON ST. | WAUSEON, OH 43567 419.337.9299

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
|  |   |  | 10:15 Bingo 1 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)  | 10:30 Golden Drummers 11:00 Site Council & Nutrition Education, My Plate, Vegetables 12:00 Lunch 12:30 Birthday Party 1:00 Dominoes |
| 9:30 to 11:30 <b>5</b> Matter of Balance Class (instructor led, Bingo Room) 10:30 Hearing Aid Cleaning 11:00 Outburst with Beth 12:00 Lunch 1:00 Line Dancing (Gym)          | 10:00 Food & Fitness  11:00 The Dish on Sugar with Fulton Co. Health Center Diabetes Educator  11:00 Tai Chi (Gym, DVD Instruction)  12:00 Lunch  1:00 Choir Practice  1:00 Tai Chi (Gym, DVD Instruction)  | 9:30 to 11:30 <b>7</b> Matter of Balance Class (instructor led, Bingo Room) 10:45 Golden Drummers (Gym) 11:00 Dirty Marbles/Left Center Right 12:00 Lunch 1:00 Pepper (Bingo Room)                   | 10:15 Bingo <b>8</b> 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)   | Day Trip, 9 Putt Putt Golf, Defiance 10:30 Golden Drummers 12:00 Lunch 1:00 Tripoley  |
| 9:30 to 11:30 12  Matter of Balance Class (instructor led, Bingo Room) 11:00 Music by Country Pals, Ed Roth & Friends 12:00 Lunch 1:00 Line Dancing (Gym)                    | 10:00 Food & Fitness 13 11:00 Attorney Rebecca Steinhauser or Kara Ford, Medicaid for Seniors 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction)  | 9:30 to 11:30 14  Matter of Balance Class (instructor led, Bingo Room) 10:45 Golden Drummers (Gym) 11:00 Music by Jim Roos & Deb Schnitkey 12:00 Lunch 1:00 Pepper (Bingo Room)                      | Wear Purple for World Elder Abuse Awareness Day 10:15 Bingo 10:30 Tee Time at Ironwood (Sign up; meet there) 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction) 1:00 SERO | 10:30 Golden Drummers 16 11:00 Senior Center Choir Performs at Swanton Senior Center (Leave 10:15) 12:00 Lunch 1:00 Wii Games       |
| 9:30 to 11:30  Matter of Balance Class (instructor led, Bingo Room) 11:00 "Use It or Lose It" Brain Builder 12:00 Lunch 1:00 Line Dancing (Gym)                              | 10:00 Tee Time at White Pines, Swanton (Sign up; meet there) 10:00 Food & Fitness 11:00 Tai Chi (Gym, DVD Instruction) 11:00 "Just So You Know," Fulton Co. Health Dept. & Free Blood Pressure Checks 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction) 1:30 OPERS meeting, Alzheimer's Association | 9:30 to 11:30 Matter of Balance Class <b>21</b>  | 10:15 Bingo 22 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)   | Day Trip, 23 Carruth Studio & Store 10:30 Golden Drummers 12:00 Lunch 1:00 Dirty Marbles  |
| 9:30 to 11:30 <b>26</b> Matter of Balance Class (instructor led, Bingo Room) 11:00 Monday Morning Group Card Party, Euchre (Dining area) 12:00 Lunch 1:00 Line Dancing (Gym) | 10:00 Food & Fitness 27 11:00 Scams/ Fraud/ Elder Abuse     Awareness, Jackie Wells of     F&M Bank 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction)  | 9:30 to 11:30 28  Matter of Balance Class (instructor led, Bingo Room) 10:45 Golden Drummers (Gym) 11:00 Senior Center Choir Performs at Archbold Senior Center 12:00 Lunch 1:00 Pepper (Bingo Room) | 9:45 Extended Bingo 29 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)   | 10:30 Golden Drummers 30<br>12:00 Lunch<br>1:00 Wii Games   |