

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR

**NOVEMBER 2016**

Fulton County Senior Center  
240 Clinton St., Wauseon, Ohio 43567  
Phone: 419-337-9299 • Fax: 419-337-9289



## SENIOR NEWS

### UPCOMING EVENTS - ALL SITES INVITED

- November 4** – Day Trip, Shopping in Archbold
- November 10** – Veterans Breakfast, Wauseon Senior Center Gym
- November 11** – Closed for Veterans Day
- November 18** – Ladies Day Out Luncheon & Symphony of Trees, Napoleon
- November 22** – Senior Center Choir Sings at Fulton Manor
- November 24, 25** -- Closed for Thanksgiving
- November 29** – Senior Center Choir Sings at Delta Senior Center
- December 6** – Free Christmas Concert by Nostalgia, Wauseon Senior Center
- December 13** – Senior Center Choir Sings at Fayette Senior Center
- December 13** – Lights Before Christmas at Toledo Zoo
- December 19** – Senior Center Choir Sings at Archbold Senior Center
- April 21, 2017** – “Senior” Prom at Wauseon Senior Center Gym

### PLAN NOW FOR SENIOR PROM

Does your suit fit? Do you have a fancy gown? Plans are underway for a “Senior” Prom on Friday, April 21, 2017. Local group, Nostalgia, will provide musical entertainment. Seniors are invited to dress up and enjoy a lovely meal and festive atmosphere in the Wauseon Senior Center gym. More details to follow in future newsletters.

## SENIOR SPOTLIGHT



Imagine attending the same Senior Center for thirty years! This is true for Mary “Toby” Taylor of Swanton. It was autumn of 1986 when Mary started attending the Swanton Senior Center three days a week. Recently, Mary cut back to attending two days each week. She said she likes the clean, bright meeting space of the new location at 217 Chestnut Street. “I like all the people that go; the friendship is very good; the food is good. I really don’t understand why more people don’t use it,” she said. Mary also has the distinction of living in Alaska before it became a state. “My husband was in the Air Force. We lived in Alaska for three and a half years. My son started first grade there in 1953,” she explained. Alaska officially became a state on January 3, 1959. In her spare time, Mary plays a lot of pinochle, completes jig saw puzzles, word searches and crossword puzzles. “Years ago, I did a lot of dancing two or three nights a week with my husband,” Mary said.

### • FULTON COUNTY SENIOR CENTER SERVICES •

Home Delivered Meals • Congregate Meals • Education & Socialization • Monthly Newsletter (The Senior B-zz) • Information & Referral  
Transportation Service for Medical Appointments • Housekeeping • Legal Services • Lending Libraries • Exercise Classes  
Grocery Shopping & Bill Paying Transportation as Scheduled • Volunteer Opportunities  
Blood Pressure Checks Available Daily at Wauseon Site and Scheduled at Other Sites • Computer Lab at Wauseon Site  
Assistance With Completing Applications and Forms • Gym Available at Wauseon Site to Exercise During Regular Business Hours



## VALUABLE VOLUNTEER

April 26, 2016 is a day that stands out in Becky Thatcher's memory. On that day, Becky used her many years of experience and served as a volunteer bus driver for 22 seniors and two staff from the Fulton County Senior Center. The new 26-passenger Senior Center bus had just arrived and it seemed the perfect time for the very first bus trip. The staff promoted the trip as a "spur-of-the-moment mystery trip" and 22 seniors eagerly went along for the ride. "It was a lot of fun listening to the seniors talk," Becky said. "I knew where we were going, of course, to Schmidlin's Greenhouse. So I drove them out of town to the east to throw them off. I turned this way and that way. With every turn or jog we made, the seniors would say 'NOW we know where we're going!' and they had a lot of ideas," Becky explained. "We had them quite confused. I actually drove past Schmidlin's road, and they all said, 'Well, I guess it's not Schmidlin's,'" Becky said with a laugh. "And it really was, but we were able to surprise them."

As her schedule allows, Becky also drives seniors to medical appointments. She enjoys spending time with her granddaughters and renovating an older home with her husband in her spare time.

## WINTER WEATHER IS JUST AROUND THE CORNER

It's not too early to start planning for Ohio's unpredictable fall and winter weather. Take action now to keep a few shelf-stable meals in your kitchen in the unlikely event that our Senior Center would be closed. Also, once the snow starts to fly, remember to keep your driveway and sidewalks clear. Your meal delivery driver thanks you in advance for providing a safe way to bring your meal to your door. If activities or meals are canceled, you can expect to receive a phone call from our automated phone system. One Call Now will provide you with instructions in the event of a Level 2 or Level 3 snow emergency.

## PREPARE YOUR PANTRY FOR BAD WEATHER

Ready-to-eat Breakfast Items:

- Cereal
- Dry milk (use bottled water if threat of contamination exists)
- Fresh fruit (apples, oranges, grapefruits, and bananas stay fresh for days to weeks)
- Canned or dried fruits
- Granola bars
- Protein bars

Ready-to-eat Lunch/Dinner Items:

*(Don't forget a hand-held can opener)*

- Canned meats (tuna, chicken, Vienna sausages, Spam)
- Canned soups, broths
- Canned vegetables, beans
- Ready-to-eat Snack Items:
- Nuts
- Nut butters (peanut butter, almond butter, etc.)
- Snack crackers (saltines, goldfish)
- Pre-packaged cookies
- Trail mix
- Bottled or boxed juices
- Bottled water

## USE YOUR GIFT AT THE SENIOR CENTER

Calling all volunteers! How would you like to help? Answer the phone? Call Bingo? Drive a senior to a local medical appointment? Teach a class or game or hobby? Deliver meals? Wrap silverware? Volunteers are welcome at all of our five senior center sites. Tell us what your gift is and where you would like to help. Can you spare two hours a month? We can still use you! Contact the Fulton County Senior Center at 419-337-9299 to see how you can be added to our team of valuable volunteers and start making a difference in the lives of local seniors today.

## WHERE'S VAL?

Seniors continue to get their questions answered about Medicare Open Enrollment. You could be next!

Val Edwards, Information & Referral Specialist, will be available for extended hours at the following locations to focus on Medicare Open Enrollment. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

Wednesday, November 9 and Monday, December 5, from 9:30 am to 3 pm, at the Delta Library.

Thursday, November 17 and Thursday, December 1, 10 am to 3 pm at the Swanton Library.

Tuesday, November 22, from 10 am to 3 pm at the Evergreen Library in Metamora.

Val's services are offered at no cost to seniors in partnership with the local libraries.

## WAUSEON HIGHLIGHTS

**Golden Drummers:** Friday mornings

**Shopping:** Tuesday pm

**Tai Chi:** every Tues. and Thurs.

**Food & Fitness:** Tuesday at 10:00 am

**Choir Practice:** Tuesday pm

**Pepper:** Wednesday pm

**Bingo:** Thursday mornings

**Birthday Party:** first Friday

**Line Dance:** Monday pm

**Toe Nail Clinic:** November 16. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Veterans Breakfast on November 10, 9:00 am
- Line Dancing, Tai Chi On Your Own and Golden Drummers continue
- Music by Just Us 2, Marc & Ellen Pember

## SWANTON HIGHLIGHTS

**Bingo:** every Wednesday

**Birthday Lunch:** first Wednesday

**Blood Pressure Check:** second Monday

**Toenail Clinic:** December 16. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Chair Zumba Exercises with Americare
- "Aprons: An Endangered Species" with Oma's Aprons, Linda Stiles
- Christmas Shopping in Archbold

## ARCHBOLD HIGHLIGHTS

**Birthday Lunch:** first Friday

**Bingo:** Fridays

**Bible Study:** Monday mornings

**Blood Pressure Check:** first Wednesday

**Toenail Clinic:** December 21. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Jeopardy Q & A with Alzheimer's Association
- Music by Just Us 2, Marc & Ellen Pember
- Music by Phyllis Page

## THANK YOU

Thank you to Rupp Seeds for donating produce. Thank you to Robin Carpenter for donating a "Jazzy" electric scooter. Thank you to Hoen's Orchard for donating watermelon. Thank you to Wauseon Public Library and Swanton Public Library for book donations.

## FAYETTE HIGHLIGHTS

**Bible Study:** 8th and 22nd

**Bingo:** every Thursday

**Birthday Lunch:** first Thursday

**Blood Pressure Check:** third Tuesday

**Toenail Clinic:** December 20. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Music by Just Us 2, Marc & Ellen Pember
- Jeopardy Q & A with Alzheimer's Association
- Update from Promedica Stroke Network Nurse

## ANNUAL VETERANS BREAKFAST

All seniors are invited to a Veterans Breakfast on Thursday, November 10 at 9:00 am at Fulton County Senior Center gym, 240 Clinton Street, Wauseon. Free family-style breakfast for all veterans and spouses age 60 and over. All seniors are welcome! Suggested \$2.00 donation for seniors who are neither veterans nor spouses of veterans. Patriotic program will include music by the Senior Center Choir, a prayer by a World War II veteran, a student's recitation of the Star-Spangled Banner and a student singing the National Anthem. Please call 419-337-9299 by November 3 to make your breakfast reservations. Menu will include egg casserole, pancakes, sausage links, fruit and pastries.

## DELTA HIGHLIGHTS

**Birthday Lunch:** third Tuesday

**Bingo:** every Thursday

**Blood Pressure Check:** second Tuesday

**Toenail Clinic:** December 6. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Concert by the Bloomer Bunch family
- Concert by the Senior Center Choir
- Promedica Stroke Network Update

# NOVEMBER, 2016

# LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00**

LS Alt = Low Sodium Alternative (items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (items must be ordered at least one week in advance)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Chicken Fried Steak w/Country Gravy Mashed Potatoes Green Peas Apricots	<b>2</b> Cheesy Potato Soup Chicken Salad Sandwich Three Bean Salad Jell-O	<b>3</b> Baked Ham (LS Alt=Roast Pork) Scalloped Potatoes Broccoli Florets Fruit Cobbler	<b>4</b> Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip
<b>7</b> Sloppy Joes Cheesy Potatoes Mixed Vegetables Mixed Fruit	<b>8</b> Lasagna Steamed Cauliflower Green Beans Fresh Grapes Iced Cake	<b>9</b> Ham Loaf (LS Alt= Meatloaf) Sweet Potatoes Brussels Sprouts Apple Sauce	<b>10</b> Breaded Chicken Strips Oven Fries Malibu Blend Vegetables Peaches	<b>11</b> <b>CLOSED</b> <b>VETERANS DAY</b>
<b>14</b> Swedish Meatballs Egg Noodles Cooked Cabbage Fruit Crunch Vegetable Juice	<b>15</b> Chicken & Rice Soup (LS Alt= Tomato Soup) Cold Cut Sandwich Kidney Bean Salad Mandarin Oranges	<b>16</b> Beef & Noodles Mashed Potatoes Green Peas Peaches Cookies	<b>17</b> Sausage & Kraut (LS Alt= Pork Roast) Smashed Red Potatoes Winter Squash Dark Sweet Cherries	<b>18</b> Beef Pot Roast Boiled Potatoes Carrots Tropical Fruit
<b>21</b> Liver & Onions or Salisbury Steak Mashed Potatoes Seasoned Corn Apple Sauce	<b>22</b> Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple Chunks	<b>23</b> Roast Turkey Savory Bread Dressing Green Beans Cranberry Orange Relish Vegetable Juice Pumpkin Pie	<b>24</b> <b>CLOSED</b> <b>HAPPY</b> <b>THANKSGIVING</b>	<b>25</b> <b>CLOSED</b> <b>HAPPY</b> <b>THANKSGIVING</b>
<b>28</b> Goulash Summer Squash Tossed Salad Fruit Crisp	<b>29</b> Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit	<b>30</b> Cheeseburgers Oven Fries Baked Beans Orange Segments		

# WAUSEON ACTIVITIES

MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER  
240 CLINTON ST. / WAUSEON, OH 43567  
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:30 Gentle Movement</p> <p>10:30 Free Hearing Aid Cleaning with Todd</p> <p>11:00 Election Trivia</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym)</p>	<p>10:00 Food &amp; Fitness</p> <p>11:00 Estate Planning Tips with Rebecca Steinhauer</p> <p>11:00 Tai Chi On Your Own (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi On Your Own (Gym)</p>	<p>9:30 Gentle Movement</p> <p>11:00 Vintage United States Military Uniforms with the Heilmans</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p>10:15 Bingo with Fulton Manor</p> <p>12:00 Lunch</p> <p>1:00 Tripoley</p>	<p>Day Trip: Archbold Shopping</p> <p>10:30 Golden Drummers</p> <p>11:00 Site Council</p> <p>12:00 Lunch</p> <p>12:30 Birthday Party</p> <p>1:00 Gym Walking</p>
<p>9:30 Gentle Movement</p> <p>10:30 Free Hearing Aid Cleaning with Todd</p> <p>11:00 Election Trivia</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym)</p>	<p><b>Election Day</b></p> <p>10:00 Food &amp; Fitness</p> <p>11:00 Euchre</p> <p>11:00 Tai Chi On Your Own (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi On Your Own (Gym)</p>	<p>NO Gentle Movement</p> <p>NO Gym Activities (Breakfast Set-up)</p> <p>10:15 Bingo (Note date change)</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p><b>Wear Red, White &amp; Blue</b></p> <p>9:00 Veterans Breakfast (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Card &amp; Games</p>	<p><b>CLOSED</b></p> <p><b>VETERANS DAY</b></p>
<p>9:30 Gentle Movement</p> <p>11:00 Music by Just Us 2, Marc &amp; Ellen Pember</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym)</p>	<p>10:00 Food &amp; Fitness</p> <p>11:00 Tai Chi On Your Own (Gym)</p> <p>11:00 "Just So You Know," Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi On Your Own (Gym)</p> <p>1:30 OPERS - Farm Bureau (Bingo)</p>	<p>Rebecca Steinhauer takes Appointments</p> <p>9:30 Gentle Movement</p> <p>10:30 Toe Nail Clinic (By Appointment)</p> <p>11:00 The Dish on Sugar, Fulton Co. Health Center Diabetes Education</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p><b>Wear Your Senior Center Shirt or Hat</b></p> <p>10:15 Bingo with Fulton Suites</p> <p>12:00 Lunch</p> <p>1:00 Bring Your Craft Projects to work on; Share a Skill with Others</p>	<p>Leave at 10:15</p> <p>Ladies Day Out Luncheon &amp; Symphony of Trees, Napoleon</p> <p>10:30 Golden Drummers</p> <p>12:00 Lunch</p> <p>1:00 Gym Walking</p>
<p>9:30 Gentle Movement</p> <p>11:00 Thanksgiving Traditions Trivia Quiz</p> <p>12:00 Lunch</p> <p>NO Line Dancing</p>	<p>Senior Center Choir Sings at Fulton Manor (Leave at 9:40)</p> <p>10:00 Food &amp; Fitness</p> <p>11:00 Tai Chi On Your Own (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi On Your Own (Gym)</p>	<p>9:30 Gentle Movement</p> <p>9:45 Extended Bingo (Note date change)</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p><b>CLOSED</b></p> <p><b>HAPPY THANKSGIVING</b></p>	<p><b>CLOSED</b></p> <p><b>HAPPY THANKSGIVING</b></p>
<p>NO Gentle Movement</p> <p>11:00 "Use It or Lose It" Brain Builders</p> <p>12:00 Lunch</p> <p>NO Line Dancing</p>	<p>10:00 Food &amp; Fitness</p> <p>11:00 Senior Center Choir Sings at Delta Senior Center, 101 Northwood Dr. (Leave at 10:30 am)</p> <p>11:00 Tai Chi On Your Own (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Decorate For Christmas</p> <p>1:00 Tai Chi On Your Own (Gym)</p>	<p>NO Gentle Movement</p> <p>10:00 Decorate for Christmas w/ Beth</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>		

# DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.  
UNITED METHODIST CHURCH  
TUES. & THURS.**

**SWANTON  
217 CHESTNUT ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b></p> <p>11:00 Music by the Bloomer Bunch 12:00 Lunch 1:00 Games &amp; Cards</p>	<p><b>2</b></p> <p>10:00 Site Council 10:30 Bingo 12:00 Lunch &amp; Birthday Cake by Swanton Health Care 1:00 Games</p>	<p><b>3</b></p> <p>10:00 Site Council 10:30 Bingo 12:00 Lunch &amp; Birthday Treat 1:00 Cards</p>	<p><b>4</b></p> <p>9:00 Leave for Archbold Shopping Trip 11:00 Cards &amp; Games, Wii 12:00 Lunch 1:00 Puzzles</p>
<p><b>7</b></p> <p>10:30 Walk on Outdoor Path (weather permitting) 11:00 Promedica Stroke Network Update &amp; Tips 12:00 Lunch 1:00 Word Games</p>	<p><b>8</b></p> <p>11:00 "Just So You Know" by Fulton Co. Health Dept. &amp; Free BP Check 12:00 Lunch 1:00 Games</p>	<p><b>9</b></p> <p>9:30 to 3:00 Val at Delta Library 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p><b>10</b></p> <p>9:00 Veterans Breakfast at Wauseon Senior Center 10:30 Bingo with Delta School Caller 12:00 Lunch</p>	<p><b>11</b></p> <p><b>CLOSED VETERANS DAY</b></p>
<p><b>14</b></p> <p>10:30 Walk on Outdoor Path (weather permitting) 11:00 "Just So You Know" by Fulton Co. Health Dept. &amp; Free BP Check 12:00 Lunch 1:00 Games</p>	<p><b>15</b></p> <p>11:00 Promedica Stroke Network Update &amp; Info 12:00 Lunch 1:00 Cards</p>	<p><b>16</b></p> <p>10:30 Buckeye/Wolverine Bingo (Dress to support your favorite team) 12:00 Lunch 1:00 Puzzles</p>	<p><b>17</b></p> <p>10:00 to 3:00 Val at Swanton Library 10:00 Buckeye/Wolverine Bingo (Dress to support your favorite team) 12:00 Lunch</p>	<p><b>18</b></p> <p>11:00 "Aprons: An Endangered Species" with Oma's Aprons (You're invited to wear or bring an apron) 12:00 Lunch 1:00 Games &amp; Cards</p>
<p><b>21</b></p> <p>10:30 Free Hearing Aid Cleaning 10:30 Walk on Outdoor Path (weather permitting) 11:00 Chair Zumba with Danae of Americare 12:00 Lunch 1:00 Wii Games</p>	<p><b>22</b></p> <p>10:00 to 3:00 Val at Evergreen Library 11:00 Healthy Spine, Healthy You, Dr. Spiers 12:00 Lunch 1:00 Puzzles</p>	<p><b>23</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Word Games</p>	<p><b>24</b></p> <p><b>CLOSED THANKSGIVING</b></p>	<p><b>25</b></p> <p><b>CLOSED THANKSGIVING HOLIDAY</b></p>
<p><b>28</b></p> <p>10:30 Walk on Outdoor Path (weather permitting) 11:00 Bunco 12:00 Lunch 1:00 Puzzles</p>	<p><b>29</b></p> <p>11:00 Concert by Senior Center Choir (Leave at 10:20 am) 12:00 Lunch 1:00 Word Games</p>	<p><b>30</b></p> <p>10:00 Extended Bingo with Mystery Caller 12:00 Lunch 1:00 Wii Games</p>		

# ARCHBOLD / FAYETTE ACTIVITIES

ARCHBOLD - SCOUT CABIN  
MON., WED., & FRI.

FAYETTE - FAMILY LIFE CENTER  
TUES., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b></p> <p>11:00 Promedica Stroke Network Update &amp; Tips 12:00 Lunch 1:00 Games</p>	<p><b>2</b></p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. &amp; Free BP Checks 12:00 Lunch 1:00 Puzzles</p>	<p><b>3</b></p> <p>10:00 Site Council 10:30 Bingo 12:00 Lunch &amp; Birthday Treat 1:00 Word Games</p>	<p><b>4</b></p> <p>10:00 Site Council 10:30 Bingo 12:00 Lunch &amp; Birthday Treat 1:00 Cards</p>
<p><b>7</b></p> <p>10:30 Bible Study 11:00 Healthy Brain Q &amp; A with Alzheimer's Association 12:00 Lunch 1:00 Games</p>	<p><b>8</b></p> <p>10:30 Bible Study 11:00 Music by Just Us 2, Marc &amp; Ellen Pember 12:00 Lunch 1:00 Puzzles</p>	<p><b>9</b></p> <p>10:30 Bingo (Note date change) 12:00 Lunch 1:00 Word Games</p>	<p><b>10</b></p> <p><b>Veterans Breakfast, Wauseon Site</b> 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p><b>11</b></p> <p><b>CLOSED VETERANS DAY</b></p>
<p><b>14</b></p> <p>10:30 Bible Study 11:00 Promedica Stroke Network Update &amp; Tips 12:00 Lunch 1:00 Puzzles</p>	<p><b>15</b></p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. &amp; Free BP Checks 12:00 Lunch 1:00 Word Games</p>	<p><b>16</b></p> <p>11:00 Chat with Luke Nagy, Youth for Christ 12:00 Lunch 1:00 Cards</p>	<p><b>17</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Games</p>	<p><b>18</b></p> <p>10:30 Bingo with Pam 12:00 Lunch 1:00 Cards &amp; Games</p>
<p><b>21</b></p> <p>10:30 Bible Study 11:00 Music by Just Us 2, Marc &amp; Ellen Pember 12:00 Lunch 1:00 Word Games</p>	<p><b>22</b></p> <p>10:00 Bible Study (note time) 10:30 Bingo (Note date change) 12:00 Lunch 1:00 Cards</p>	<p><b>23</b></p> <p>10:30 Bingo (Note date change) 12:00 Lunch 1:00 Games</p>	<p><b>24</b></p> <p><b>CLOSED HAPPY THANKSGIVING</b></p>	<p><b>25</b></p> <p><b>CLOSED HAPPY THANKSGIVING</b></p>
<p><b>28</b></p> <p>10:30 Bible Study 11:00 Music by Phyllis Page of Alwordton 12:00 Lunch 1:00 Cards</p>	<p><b>29</b></p> <p>11:00 Healthy Brain Q &amp; A with Alzheimer's Association 12:00 Lunch 1:00 Games</p>	<p><b>30</b></p> <p>11:00 "Use it or Lose it" Brain Builders 12:00 Lunch 1:00 Word Games</p>		



Forwarding and return postage guaranteed  
Address service requested  
Postmaster: Send address changes to:  
Fulton County Senior Center  
240 Clinton Street  
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at [kschroeder@fultoncountyoh.com](mailto:kschroeder@fultoncountyoh.com).

**DATED MATERIAL - DELIVER BEFORE NOVEMBER 1, 2016**

**FULTON COUNTY SENIOR CENTER STAFF**

Director .....	Sheri Rychener
Receptionist .....	Karen Schroeder
Vehicle Maintenance Supervisor .....	Wes Green
Housekeeping Program Manager .....	Laura Ankney
Head Cook .....	Kyle Wilcoxon
Assistant Cook .....	Deb Villalovos
Food Program Manager .....	Deb Myers
Kitchen Aides .....	Sherry Bittinger, Sandy Lemley, Leslie Gype
Activity Coordinator .....	Vicki Hoylman
Activity Support Staff .....	Beth Ricker-Flory
Information & Referral Specialist .....	Valerie Edwards
Site Manager, Archbold/Fayette .....	Bill Rose
Site Aide, Archbold/Fayette .....	Tracey Wanner
Site Manager, Delta/Swanton .....	Jeanne Ortiz
Site Aide, Delta/Swanton .....	Claudia Overmyer
Meal Delivery & Custodian .....	Dave Smith, Andrea Coburn
Meal Delivery .....	Kim Machinski, Jerry Lighthill, Juan Avina, Chris Sager, Bill Sigg, Naaman Thomas, Brenda Hauck, James Mapes
Substitutes .....	Judy Thourot, John Moden, Peggy Wilson, Leland Good, Joe Sutton, Maryann Griffin, Jim Moden, James Baldwin, Pam Miller, Tim Gorsuch, Angela Johnston, Sharon McCabe, James Davis, Chad Hayward, Karen James, Abigail Rodriguez

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.