

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER | 695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

NOVEMBER, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				8:00 Shake, Rattle & Stroll (Walk) 1 10:00 Golden Drummers 12:00 Lunch & Birthday Party by Heritage Health Care 1:00 to 2:30 BINGO 1:00 Friday Afternoon Movie on the Big Screen 2:30 Red Hot Chili Steppers (Walk)
8:00 Shake, Rattle & Stroll (Walk) 4 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music, Ruthann V. 12:00 Lunch 1:00 Line Dancing 2:30 Red Hot Chili Steppers (Walk)	Election Day 5 8:00 Shake, Rattle & Stroll (Walk) 10:00 Golden Drummers 11:00 Election Day Word Games 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 6 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Music by Sonny & Friends 12:00 Lunch 1:00 Site Council 1:00 Silver Sneakers Chair Yoga® 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 7 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Card Games 1:00 Silver Sneakers® Classic Exercise 2:30 Red Hot Chili Steppers (Walk)	Wear Red/ White/ Blue 8 If you signed up already, join us for Veterans Breakfast at the Fulton County Senior Center, 695 S. Shoop Ave., Wauseon. Breakfast served at 9 AM (Reservations) (No lunch served. No regular activities today.)
11 CLOSED FOR VETERANS DAY	8:00 Shake, Rattle & Stroll (Walk) 12 10:00 Golden Drummers 11:00 Program by Local ICC Youth 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games 2:30 Red Hot Chili Steppers (Walk)	Day Trip, Toledo Walleye; Wear Senior Center Shirt 13 8:00 Shake, Rattle & Stroll (Walk) 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music, Donna S. 12:00 Lunch 1:00 Card Games 1:00 Silver Sneakers Chair Yoga® 2:30 Red Hot Chili Steppers (Walk)	Wear Green for National Pickle Day 14 8:00 Shake, Rattle & Stroll (Walk) 10:15 to 11:45 BINGO 11:00 Grief Support Group w/ Bill H. 12:00 Lunch 1:00 Card Games 1:00 Silver Sneakers® Classic Exercise 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 15 10:00 Golden Drummers 12:00 Lunch 1:00 to 2:30 Pickle BINGO (Wear Green) 1:00 Friday Afternoon Movie on the Big Screen 2:30 Red Hot Chili Steppers (Walk)
8:00 Shake, Rattle & Stroll (Walk) 18 10:00 Tai Chi (Senior Led) 10:30 Free Hearing Aid Cleaning 11:00 Free Blood Pressure Checks 12:00 Lunch 1:00 "Grief & Holidays," Sandy S. 1:00 Line Dancing 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 19 10:00 Golden Drummers 11:00 Music by Will Hinton 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 20 8:30 Zumba Gold 9:30 Choir to Fairlawn 9:30 Toenail Clinic (Sign Up) 10:00 Tai Chi (Senior Led) 10:00 Card Making with Deb. B. 12:00 Lunch 1:00 Card Games 1:00 Silver Sneakers Chair Yoga® 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 21 10:15 to 11:45 BINGO 11:00 Keyboard Music, Donna 12:00 Lunch 1:00 Card Games 1:00 Silver Sneakers® Classic Exercise 2:30 Red Hot Chili Steppers (Walk)	Day Trip, Findlay Ohio, Lunch/ Shopping; Wear Senior Center Shirt 22 8:00 Shake, Rattle & Stroll (Walk) 10:00 Golden Drummers 12:00 Lunch 1:00 to 2:30 Channel Your Inner Flannel BINGO (Wear Flannel/ Plaid) 1:00 Movie 2:30 Red Hot Chili Steppers (Walk)
Wear Ohio State or Michigan Colors 25 8:00 Shake, Rattle & Stroll (Walk) 10:00 Tai Chi (Senior Led) 10:15 to 11:45 BINGO (NOTE DATE) 12:00 Lunch 1:00 to 2:30 Friday's Buckeye v. Wolverine BINGO (NOTE DATE) Line Dancing Returns Jan. 6 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 26 10:00 Golden Drummers 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games 2:30 Red Hot Chili Steppers (Walk)	8:00 Shake, Rattle & Stroll (Walk) 27 8:30 Zumba Gold (VIDEO) 10:00 Tai Chi (Senior Led) 11:00 Thanksgiving Word Games 12:00 Lunch 1:00 Card Games 1:00 Silver Sneakers Chair Yoga® 2:30 Red Hot Chili Steppers (Walk)	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING HOLIDAY

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Cards 1 9:30 Chair Exercises 10:00 Mahjong 11:00 Music by Kelly & Mark Miller 12:00 Lunch 1:00 Shut the Box (Brain Game)
9:00 Puzzles with Pals 4 9:30 Tai Chi with Robert H. 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department (NOTE DATE) 12:00 Lunch 12:45 Ballroom Dancing with Louise 1:00 Songburst (Brain Game)	Election Day! 5 9:00 Chair Yoga w/ Hope Church (\$5) 9:30 Exercises with Carole 11:00 Free Christmas Concert by Sunshine Bell Choir 12:00 Lunch 1:00 Q*Bitz (Brain Game)	9:30 Chair Exercises with Lynn 6 9:30 "Traveling Little Library" 10:00 Site Council 10:15 to 11:45 BINGO w/ Swanton Lib 12:00 Lunch & Birthday Dessert 1:00 Set (Brain Game)	9:00 Set (Brain Game) 7 9:30 Exercises with Carole 10:00 Site Council 10:15 to 11:45 BINGO w/ Delta Lib 11:45 Megan w/ NOCAC, Technology Intro 12:00 Lunch & Birthday Dessert 1:00 Games with the Group	Swanton Site is Closed. 8 Wear Red, White, Blue If you signed up already, join us for Veterans Breakfast at the Fulton County Senior Center, 695 S. Shoop Ave., Wauseon. Breakfast served at 9 AM (Reservations)
11 CLOSED FOR VETERANS DAY	9:00 Chair Yoga w/ Hope Church (\$5) 12 9:30 Exercises with Carole 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Reminiscing (Brain Game)	Day Trip, Toledo Walleye; 13 Wear Senior Center Shirt 9:00 Uno Flip (Brain Game) 9:30 Chair Exercises with Lynn 10:15 to 11:45 Pickle BINGO; Wear Green for Pickle Day w/ Swanton students 12:00 Lunch 1:00 Reminiscing	Wear Green for Pickle Day 14 9:00 Time Line: Inventions (Brain Game) 9:30 Exercises with Carole 10:15 to 11:45 Pickle BINGO w/ Delta students 12:00 Lunch 1:00 Puzzles with Pals	9:00 Spot It! (Brain Game) 15 9:30 Chair Exercises with Lynn 10:00 Make Cards with Cindy J. (Sign Up) 10:00 Mahjong 11:00 Free Christmas Concert by Sunshine Bell Choir 12:00 Lunch 1:00 Uno Flip (Brain Game)
9:00 Kings in the Corner 18 (Brain Game) 9:30 Tai Chi with Robert H. 11:00 Winter Emergency Prep & How to Make a Go Bag, American Red Cross 12:00 Lunch 12:45 Ballroom Dancing with Louise 1:00 Spot It! (Brain Game)	9:00 Chair Yoga w/ Hope Church (\$5) 19 9:30 Exercises with Carole 10:00 (Note Time) Bunco with Buddies 12:00 Lunch 1:00 Milles Bornes (Brain Game)	Wear Flannel/ Plaid 20 9:00 "I Should Have Known That" 9:30 Chair Exercises with Lynn 10:15 to 11:45 Channel Your Inner Flannel BINGO 12:00 Lunch 1:00 Tenzi (Brain Game)	Wear Flannel/ Plaid 21 9:00 Tenzi (Brain Game) 9:30 Exercises with Carole 10:15 to 11:45 Channel Your Inner Flannel BINGO 12:00 Lunch 1:00 Shut the Box (Brain Game)	Day Trip, Findlay Ohio, Lunch & 22 Shopping; Wear Senior Center Shirt 9:00 Puzzles with Pals 9:30 Chair Exercises with Lynn 10:00 Mahjong 11:00 Game Day 12:00 Lunch 1:00 Games with the Group
Wear Team Colors for 25 Buckeye/Wolverine BINGO 9:00 Left Center Right (Brain Game) 9:30 Tai Chi with Robert H. 10:15 to 11:45 BINGO (NOTE DATE) 12:00 Lunch 12:45 Ballroom Dancing with Louise 1:00 Quiddler (Brain Game)	Wear Team Colors for 26 Buckeye/Wolverine BINGO 9:00 Chair Yoga w/ Hope Church (\$5) 9:30 Exercises with Carole 10:15 to 11:45 BINGO (NOTE DATE) 12:00 Lunch 1:00 Azul (Brain Game)	9:00 "Things They Don't Teach You in School" 27 9:30 Chair Exercises with Lynn 11:00 Coffee & Conversation 12:00 Lunch 1:00 Spot It! (Brain Game)	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING HOLIDAY

SENIOR
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ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD – FAYETTE ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Coffee & Conversation 1 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards
9:00 Word Search 4 11:00 Avoid Caregiver Burnout w/ Wendy & Jen of Community Health Professionals 12:00 Lunch 1:00 Puzzles with Pals	Election Day 5 9:00 Time Line: Events (Brain Game) 10:00 Site Council 10:15 to 11:45 Friday's BINGO (Note Date) 12:00 Lunch 1:00 Monopoly Deal (Brain Game)	9:00 Kanoodle (Brain Game) 6 10:00 Chair Yoga 10:45 Site Council 11:00 Dulcimer Music, Vickie Halsey 12:00 Lunch 1:00 True/ False (Brain Game)	9:00 Coffee & Conversation 7 10:15 to 11:45 BINGO w/ Wendy 12:00 Lunch & Birthday Dessert 1:00 Monopoly Deal (Brain Game)	Archbold Site Closed. 8 Wear Red, White, Blue If you are signed up already, join us for Veterans Breakfast at the Fulton County Senior Center, 695 S. Shoop Ave., Wauseon. Breakfast served at 9 AM (Reservations)
11 CLOSED FOR VETERANS DAY	9:00 Uno Flip (Brain Game) 12 11:00 Guitar Music, Will Hinton 12:00 Lunch 1:00 Shut the Box (Brain Game)	Day Trip, Toledo Walleye; 13 Wear Senior Center Shirt 9:00 Coffee & Conversation 10:00 Chair Yoga 11:00 Timely Topic w/ Sandy Spengler: Grief & Holidays 12:00 Lunch 1:00 Uno Flip	Wear Green 14 9:00 Tenzi (Brain Game) 10:15 to 11:45 Pickle BINGO 12:00 Lunch 1:00 Time Line: Americana (Brain Game)	Wear Green 15 9:00 Pepper 10:15 to 11:45 Pickle BINGO 12:00 Lunch 1:00 Games
9:00 Reminiscing (Brain Game) 18 10:00 Rock Painting (Christmas theme) with Joni Beaverson (Sign Up) 12:00 Lunch 1:00 Kanoodle (Brain Game)	9:00 Coffee & Conversation 19 11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. 12:00 Lunch 1:00 Left Center Right (Brain Game)	9:00 Blokus (Brain Game) 20 10:00 Chair Yoga 11:00 Old Fashioned Country Christmas with Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 "I Should Have Known That"	Wear Flannel/ Plaid 21 9:00 Shut the Box (Brain Game) 10:15 to 11:45 Channel Your Inner Flannel BINGO 12:00 Lunch 1:00 Qwirkle (Brain Game)	Day Trip to Findlay (Shopping/ 22 Lunch); Wear Senior Center Shirt 9:00 Pepper 10:15 to 11:45 Channel Your Inner Flannel BINGO (Wear Flannel/ Plaid) 12:00 Lunch 1:00 Word Search
Wear Team Colors 25 9:00 Coffee & Conversation 10:00 Free BP Checks 10:15 to 11:45 Buckeye/ Wolverine BINGO (Note Date) 12:00 Lunch 1:00 Blokus (Brain Game)	Wear Team Colors 26 9:00 Word Search 10:15 to 11:45 Buckeye/ Wolverine BINGO (Note Date) 12:00 Lunch 1:00 Pairzi (Brain Game)	9:00 Puzzles with Pals 27 10:00 Chair Yoga 11:00 Coffee, Conversation & Games 12:00 Lunch 1:00 "Things They Don't Teach You In School"	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING HOLIDAY