

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

OCTOBER, 2024

SENIOR

B-33

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 If you reserved your spot, join us for Road to Wellness at Fulton County Senior Center, 695 S. Shoop Ave., Wauseon. Wear your Senior Center Shirt. Check-in starts at 9:30 AM.	2 8:00 "Been There, Run That" (Walking) 8:30 Zumba Gold (Note Time) 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music, Donna S. 12:00 Lunch 1:00 Site Council 1:00 Silver Sneakers Chair Yoga®	3 8:00 "The Defeeters" (Walking) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (By Video) 2:00 H & F/ Pepper/ Pinochle/ Euchre	4 8:00 "Tater Trots" (Walking) 10:00 Golden Drummers 12:00 Oktoberfest Lunch & Birthday Party 1:00 to 2:30 BINGO 2:00 Box of Brain Games
7 8:00 "Power Hour" (Walking) 9:00 Appointments for Tech Help, Megan w/ NOCAC (Sign Up) 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music, Ruthann V. 12:00 Lunch 1:00 to 2:30 Line Dancing	8 8:00 "Sole Survivors" (Walking) 10:00 Golden Drummers 11:00 Protect Yourself from Identity Theft, OH Atty Gen Office 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 1:00 Choir 2:00 Card Games	9 Day trip, Toledo Zoo; Wear Sr Ctr Shirt 8:00 "Been There, Run That" (Walking) 8:30 Zumba Gold (Note Time) 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music, Donna S. 12:00 Lunch 1:00 Silver Sneakers Chair Yoga®	10 8:00 "The Defeeters" (Walking) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 2:00 H & F/ Pepper/ Pinochle/ Euchre	11 8:00 "Tater Trots" (Walking) 10:00 Golden Drummers 12:00 Lunch 1:00 to 2:30 BINGO 2:00 Box of Brain Games
14 CLOSED FOR COLUMBUS DAY	15 8:00 "Sole Survivors" (Walking) 9:00 Appointments for Tech Help, Megan w/ NOCAC (Sign Up) 10:00 Golden Drummers 11:00 All About Owls, Amanda Podach 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Multi. Rm) 1:00 Choir 2:00 Card Games	16 Note: Gym is closed (FCHC meeting) 8:30 Zumba Gold (Note Time; MP Room) 10:00 Tai Chi (Multipurpose Rm) 10:00 Card Making with Deb B. (Conf. Rm) 11:00 Word Search 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (MP Rm) 1:00 Card (Dining)	17 Note: Gym is closed (FCHC meeting) 10:15 to 11:45 BINGO 11:00 Grief Support Group w/ Bill H. 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (MP Rm) 2:00 H & F/ Pepper/ Pinochle/ Euchre	18 8:00 "Tater Trots" (Walking) 10:00 Golden Drummers 12:00 Lunch 1:00 to 2:30 BINGO 2:00 Box of Brain Games
21 8:00 "Power Hour" (Walking) 9 to 11 Flu Vaccine Clinic, Health Dept. 10:00 Tai Chi (Senior Led) 10:30 Free Hearing Aid Cleaning with Hearing Life 11:00 Brain Booster 12:00 Lunch 1:00 to 2:30 Line Dancing 1 to 3 Wills & Estates Clinic (Sign Up)	22 8:00 "Sole Survivors" (Walking) NO Golden Drummers 11:00 Guitar Music, Will Hinton 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 1:00 Choir 2:00 Card Games	23 8:00 "Been There, Run That" (Walking) 8:30 Zumba Gold (Note Time) 9:00 Appointments for Tech Help, Megan w/ NOCAC (Sign Up) 9:30 Toenail Clinic (Sign Up) 10:00 Tai Chi (Senior Led) 11:00 "Seniors & Opioids; What You need to know" DART Officer Jeff 12:00 Lunch 1:00 Silver Sneakers Chair Yoga®	24 Day Trip, Spaghetti Warehouse/ Libbey Glass Outlet/ Boyd's Retro Candy; Wear Senior Center Shirt 8:00 "The Defeeters" (Walking) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 2:00 H & F/ Pepper/ Pinochle/ Euchre	25 8:00 "Tater Trots" (Walking) 10:00 Golden Drummers 12:00 Lunch 1:00 to 2:30 Halloween BINGO (Wear Black/ Orange or a Costume) 2:00 Box of Brain Games
28 8:00 "Power Hour" (Walking) 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music, Ruthann V. 12:00 Lunch 1:00 to 2:30 Line Dancing	29 8:00 "Sole Survivors" (Walking) 10:00 Golden Drummers 11:00 Dulcimer Music, Vickie Halsey 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 1:00 Choir 2:00 Card Games	30 7:30 to Noon AARP Driver Safety Class 8:00 "Been There, Run That" (Walking) 8:30 Zumba Gold (Note Time) 10:00 Tai Chi (Senior Led) 11:00 Bluegrass Concert, Circle of Friends 12:00 Lunch 1:00 Silver Sneakers Chair Yoga®	31 Wear a Halloween Costume 8:00 "The Defeeters" (Walking) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 2:00 H & F/ Pepper/ Pinochle/ Euchre	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 The Delta site is closed today. If you reserved your spot, join us for Road to Wellness at our Fulton County Senior Center site, 695 S. Shoop Ave., Wauseon. Wear your Senior Center Shirt. Check-in starts at 9:30 AM.	2 9:30 Chair Exercises with Lynn 9:30 "Traveling Little Library" 10:00 Site Council 10:15 to 11:45 BINGO/ Swan Lib 12:00 Lunch & Birthday Dessert by Kingston 12:45 Ballroom Dancing w/ Louise 1:00 Pairzi	3 9:00 Uno Flip (Brain Game) 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Reminiscing (Brain Game)	4 9:00 Uno Flip (Brain Game) 9:30 "Walktober" (Walk w/ Jeanne) 9:30 Chair Exercises with Lynn 11:00 Clothing Exchange; Shopping by Swapping 12:00 Lunch 1:00 Milles Bornes (Brain Game)
7 9 to 11 Flu Vaccine Clinic, Health Dept. 9:30 "Walktober" (Walk w/ Jeanne) 9:30 Chair Exercises with Lynn 10:00 Mahjong 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 12:45 Ballroom Dancing w/ Louise 1:00 Word Search	8 9 to 11 Flu Vaccine Clinic, Health Dept. 9 to 10 Chair Yoga with Hope Church (\$5) 9:30 "Walktober" (Walk w/ Jeanne) 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Monopoly Deal (Brain Game)	9 Day trip, Toledo Zoo; Wear Senior Center Shirt 9 to 11 Free Hearing Screenings & Hearing Aid Cleaning 9:30 Chair Exercises with Lynn 10:15 to 11:45 BINGO w/ students 12:00 Lunch 12:45 Ballroom Dancing w/ Louise 1:00 Puzzles with Pals	10 9:00 Tenzi (Brain Game) 9:30 Exercises with Carole 10:15 to 11:45 BINGO with Delta Students 12:00 Lunch 1:00 Pairzi (Brain Game)	11 9:00 Azul (Brain Game) 9:30 "Walktober" (Walk w/ Jeanne) 9:30 Chair Exercises with Lynn 10:00 (Note Time) PoKeNo; Bring Pennies 12:00 Lunch 1:00 Shut the Box (Brain Game)
14 CLOSED FOR COLUMBUS DAY	15 9:00 Time Line: Events (Brain Game) 9 to 10 Chair Yoga with Hope Church (\$5) 9:30 "Walktober" (Walk w/ Jeanne) 11:00 "Erasing Stigma; a Conversation about Mental Health," Wendy with NAMI 12:00 Lunch 1:00 Tenzi (Brain Game)	16 Wear Autumn Colors 9:00 Q*bitz (Brain Game) 9:30 Chair Exercises with Lynn 10:15 to 11:45 Happy Fall Y'all BINGO 12:00 Lunch 12:45 Ballroom Dancing w/ Louise 1:00 Cards	17 Wear Autumn Colors 9:00 Coffee & Conversation 9:30 Exercises with Carole 10:15 to 11:45 Happy Fall Y'all BINGO 12:00 Lunch 1:00 Word Search	18 9:00 Puzzles 9:30 "Walktober" (Walk w/ Jeanne) 9:30 Chair Exercises with Lynn 10:00 (Note Time) "Tell Me More" with Swanton Students 12:00 Lunch 1:00 Games
21 9:00 Set (Brain Game) 9:30 "Walktober" (Walk w/ Jeanne) 9:30 Chair Exercises with Lynn 10:00 Mahjong 11:00 Timely Topic: "How to get along with almost anyone." Sandy S. 12:00 Lunch 12:45 Ballroom Dancing w/ Louise 1:00 Puzzles with Pals	22 9:00 "Things They Don't Teach In School" 9 to 10 Chair Yoga with Hope Church (\$5) 9:30 "Walktober" (Walk w/ Jeanne) 11:00 American Red Cross, "Winter Storm Preparedness & How To Pack a Go Bag" 12:00 Lunch 1:00 "Reminiscing" (Brain Game)	23 Wear Red for Apple Day 9:00 Tenzi (Brain Game) 9 to 1 Individual Appointments w/ Megan, NOCAC How To Use Digital Technology 9:30 Chair Exercises with Lynn 10:15 to 11:45 Apple Day BINGO 12:00 Lunch 12:45 Ballroom Dancing w/ Louise 1:00 Uno Flip	24 Day Trip, Spaghetti Warehouse/ Libbey Glass Outlet/ Boyd's Retro Candy; Wear Senior Center Shirt 9:00 Puzzles with Pals 9:30 Exercises with Carole 10:15 to 11:45 Wear Red for Apple Day BINGO with Alicia, Comfort & Compassionate Health Services 12:00 Lunch 1:00 Goat Lords (Brain Game)	25 9:00 Word Search 9:30 "Walktober" (Walk w/ Jeanne) 9:30 Chair Exercises with Lynn 11:00 "A Brief Theological History of War," Pastor Dalton 12:00 Lunch 1:00 Got It! (Brain Game)
28 9:00 Phase 10 (Brain Game) 9:30 "Walktober" (Walk w/ Jeanne) 9:30 Chair Exercises with Lynn 10:00 Mahjong 11:00 Avoid Caregiver Burnout; Wendy & Jen, Comm Health Professionals 12:00 Lunch 12:45 Ballroom Dancing w/ Louise 1:00 True/ False (Brain Game)	29 9:00 Cards 9 to 10 Chair Yoga with Hope Church (\$5) 9:30 "Walktober" (Walk w/ Jeanne) 11:00 Spooky Stories with Bev Ernst 12:00 Lunch 1:00 Games with the Group	30 Wear a Costume; Celebrate Halloween Eve! 9:00 Time Line: Inventions (Brain Game) 9:30 Chair Exercises with Lynn 10:15 to 11:45 Halloween BINGO 12:00 Lunch 12:45 Ballroom Dancing w/ Louise 1:00 Cards	31 Happy Halloween! Wear a Costume 9:00 Puzzles with Pals 9:30 Exercises with Carole 10:15 to 11:45 Halloween BINGO 12:00 Lunch 1:00 Got It! (Brain Game)	

ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 The Archbold site is closed today. If you reserved your spot, join us for Road to Wellness at our Fulton County Senior Center site, 695 S. Shoop Ave., Wauseon. Wear your Senior Center Shirt. Check-in starts at 9:30 AM.	2 9:00 Set (Brain Game) 10:00 Chair Yoga 10:45 to 11:45 (Note Time) Music Concert by Heidi Paxton (Sign Up) 12:00 Lunch 1:00 Reminiscing (Brain Game)	3 9:00 Games with the Group 10:00 Site Council 10:15 to 11:45 BINGO 11:45 Megan w/ NOCAC, Digital Tech Help 12:00 Lunch & Birthday Dessert 1:00 "Things They Don't Teach You In School" (Brain Game)	4 9:00 Pepper 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Shut the Box (Brain Game)
9:00 Wits & Wagers (Brain Game) 7 10:00 (Note Time) Mystery/ Escape Room with Bill Senecal 12:00 Lunch 1:00 Word Search	9:00 "Things They Don't Teach You In School" (Brain Game) 8 10:45 Site Council 11:00 Emergency Preparedness with the Red Cross 12:00 Lunch 1:00 Uno Flip (Brain Game)	9 Day trip, Toledo Zoo; Wear Senior Center Shirt 9:00 Puzzles with Pals 10:00 Chair Yoga 11:00 ZINGO 12:00 Lunch 1:00 "I Should Have Known That" (Brain Game)	9:00 Cards & Games 10 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Set (Brain Game)	9:00 Coffee & Conversation 11 10:15 to 11:45 BINGO 12:00 Lunch 1:00 True or False (Brain Game)
14 CLOSED FOR COLUMBUS DAY	15 9 to 11 Flu Vaccine Clinic, Health Dept. 11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. 12:00 Lunch 1:00 Tenzi (Brain Game)	16 9:00 Tenzi (Brain Game) 10:00 Chair Yoga 11:00 How Can the Sight Center Help Me See Better? 12:00 Lunch 1:00 Left-Center-Right	17 Wear Autumn Colors 9:00 Puzzles with Pals 10:15 to 11:45 Happy Fall, Y'all BINGO 12:00 Lunch 1:00 Phase 10 (Brain Game)	18 Wear Autumn Colors 9:00 Pepper 10:15 to 11:45 Happy Fall, Y'all BINGO 12:00 Lunch 1:00 Word Search
9:00 Kings in the Corner (Brain Game) 21 10:00 Simple Painting Class with Alice Wynja (Sign Up; Note Time) 12:00 Lunch 1:00 Puzzles with Pals	22 Wear Black/ Orange for Halloween BINGO 9:00 Cards 10:15 to 11:45 Halloween BINGO (Note date) 11:45 Megan, NOCAC Digital Tech Help 12:00 Lunch	23 1:00 Reminiscing (Brain Game) 9:00 Got It! (Brain Game) 10:00 Chair Yoga 11:00 Music with Sonny & Friends 12:00 Lunch 1:00 Puzzles with Pals	24 Day Trip, Spaghetti Warehouse/ Libbey Glass Outlet/ Boyd's Retro Candy; Wear Senior Center Shirt 9:00 Spot It! (Brain Game) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Tenzi (Brain Game)	25 9:00 Shut the Box (Brain Game) 11:00 Current Scams & Other Archbold News with Asst. Police Chief, Tera Rogers 12:00 Lunch 1:00 "I Should Have Known That"
28 9 to 11 Flu Vaccine Clinic, Health Dept. 11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. 12:00 Lunch 1:00 Reminiscing (Brain Game)	29 9:00 Puzzles with Pals 11:00 Our Life as Missionaries in Indonesia, Roger & Suzanne Doriot 12:00 Lunch 1:00 Word Search	30 9:00 Spot It! (Brain Game) 10:00 Chair Yoga 11:00 Stories with Colleen Rufenacht 12:00 Lunch 1:00 Kings in the Corner (Brain Game)	31 Happy Halloween! Wear a Costume 9:00 Phase 10 (Brain Game) 10:15 to 11:45 Halloween BINGO 12:00 Lunch 1:00 Shut the Box (Brain Game)	