

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

MAY, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Activities, classes and dine-in lunches will start on May 6.	Call by 3 PM today for dine-in lunch reservations for next week.	We look forward to you joining us starting May 6.
8:00 Walking (Gym) 6 9:00 Gentle Stretching (Gym) 10:00 Tai Chi (Senior Led) 11:00 Monday Brain Booster: Car Tunes Hidden Picture/ Word Search 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Walking in the Gym	8:00 Gym Open for Walking 7 10:00 Golden Drummers 11:15 Site Council 12:00 Lunch 12:30 Walking in the Gym 1:00 Sip & Paint by Core Wealth & Devoted Health No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking 8 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Tai Chi (Senior Led) 11:00 Word Games 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	Wear Senior Center Shirt/ Hat 9 8:00 Walking to Your Favorite Music 9:00 Managing Arthritis (Sponsor: Ohio Living) 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends 10 10:00 Golden Drummers 12:00 Lunch & Birthday Dessert Provided by Heritage Health Care 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:30 Box of Brain Games
8:00 Walking (Gym) 13 9:00 Gentle Stretching (Gym) 10:00 Tai Chi (Senior Led) 10:30 Free Hearing Aid Cleaning by Hearing Life 11:00 Sequence 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Video: Old Faithful	8:00 Gym Open for Walking 14 10:00 Golden Drummers 11:00 Julie Brink, Visitors Bureau 12:00 Lunch 12:30 Walking in the Gym No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking 15 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Card Making with Deb B. 10:00 Tai Chi (Senior Led) 11:00 Heidi & Habitat For Humanity 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	Wear Pink for Pink Panther Day 16 8:00 Walking to Your Favorite Music 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends 17 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:30 Box of Brain Games
8:00 Walking (Gym) 20 9:00 Gentle Stretching (Gym) 10:00 Tai Chi (Senior Led) 11:00 Free Blood Pressure Checks 11:00 Monday Brain Booster: Cows 12:00 Lunch 1:00 Timely Topic with Sandy 1:00 to 2:30 Line Dancing 2:30 Map It Monday Video: Grand Canyon	Wear Senior Center Shirt/ Hat 21 8:00 Gym Open for Walking 10:00 Golden Drummers 11:00 "Just Chew On It" w/ Wendy 12:00 Lunch 12:30 Walking in the Gym No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking 22 8:45 Zumba Gold (Sponsor: Genacross) 9:30 Toenail Clinic (Sign Up) 9:45 Walking in the Gym 10:00 Tai Chi (Senior Led) 11:00 Music by Michael Buck 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music 23 9:00 Managing Arthritis (Sponsor: Rehab Hospital of Northwest Ohio) 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends 24 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:30 Box of Brain Games
27 CLOSED FOR MEMORIAL DAY	8:00 Gym Open for Walking 28 10:00 Golden Drummers 11:00 Word Games 12:00 Lunch 12:30 Walking in the Gym No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	Day Trip, Toledo Mud Hens 29 8:00 Stretching & Walking 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Tai Chi (Senior Led) 11:00 Word Games 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music 30 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends 31 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:00 Box of Brain Games

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**DELTA-101 NORTHWOOD DR.
HOPE CHURCH
TUES. & THURS.**

DELTA / SWANTON ACTIVITIES

**SWANTON
620 DODGE ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 Uno Flip 9:30 "Traveling Little Library" 9:30 Chair Exercises with Lynn 10:00 Site Council 10:15 to 11:45 BINGO with Swanton Library caller 12:00 Lunch with Birthday Dessert Sponsored by Kingston 1:00 Games	9:00 Hidden Pictures: Mouse House/ Double Dutch 9:30 Chair Exercises with Carole 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch with Birthday Dessert 1:00 Word Search	9:00 From the Brain Game Box: Quadrillion 9:30 Chair Exercises with Lynn 11:00 Toledo Humane Society Update with Jackie 12:00 Lunch 1:00 Chit Chat
9:00 Brain Game Box: Timeline/ Inventions No Chair Exercises 10:00 (Note Time) Beginner Acrylic Painting Class with Alice Wynja Materials Sponsored by Friends & Family Ohio Homemakers 12:00 Lunch 1:00 Table Talk	9:00 Wii Games, Family Feud 10:00 Parking Lot Stroll with Jeanne 10:30 Animals In Hiding Part 1 Word Games 11:00 A Simple Tea. Bring a tea cup to use & talk about. "Decorating On a Dime" with Sue Link 12:00 Lunch 1:00 Games	Wear Senior Center Shirt/ Hat 9:00 Uno Flip 9:30 Chair Exercises with Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search	Wear Senior Center Shirt/ Hat 9:00 Coffee & Conversation 10:00 Chair Exercises with Carole 10:15 to 11:45 BINGO with Delta students 12:00 Lunch 1:00 Chit Chat	9:00 Hobby Hour (Bring a hobby/ project to work on) 9:30 Parking Lot Stroll with Jeanne 9:30 Chair Exercises with Lynn 11:00 A Simple Tea. Bring a tea cup to use & talk about. "Decorating On a Dime" with Sue Link 12:00 Lunch 1:00 Puzzles
9:00 Monday Brain Booster: Hidden Pictures (Memorial Day/ Hikes) 9:30 Chair Exercises with Lynn 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Games	9:00 Hobby Hour (Bring a hobby/ project to work on) 10:00 Parking Lot Stroll with Jeanne 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Word Search	Wear Pink for Pink Panther Day 9:00 Coffee & Conversation 9:30 Chair Exercises with Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	Wear Pink for Pink Panther Day 9:00 Brain Game Box: Monopoly Deal 10:00 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Buzzword & Plexer Word Games 9:30 Chair Exercises with Lynn 11:00 Game Day 12:00 Lunch 1:00 Table Talk 9:00 Brain Game Box: Set 9:30 Chair Exercises with Lynn
11:00 Mental Health Information with Wendy Jennings 12:00 Lunch 1:00 Word Search	9:00 Coffee & Conversation 10:00 Parking Lot Stroll with Jeanne 11:00 Free Concert by Just Us 2, Marc & Ellen Pember, "Coffee House Vibes" 12:00 Lunch 1:00 Chit Chat	9:00 Brain Game Box: Tenzi 9:30 Chair Exercises with Lynn 10:15 to 11:45 Spring Clean BINGO (Bring items for the Prize Table) 12:00 Lunch 1:00 Puzzles	9:00 Brain Game Box: No Thanks 10:00 Chair Exercises with Carole 10:15 to 11:45 Spring Clean BINGO with Delta Library (Bring Items for the Prize Table) 12:00 Lunch 1:00 Table Talk	9:00 Hobby Hour (Bring a hobby/ project to work on) 9:30 Chair Exercises with Lynn 11:00 Deputy Sheriff 12:00 Lunch 1:00 Games
27 CLOSED FOR MEMORIAL DAY	9:00 Hobby Hour (Bring a hobby/ project to work on) 10:00 Parking Lot Stroll with Jeanne 11:00 An Overview of Services Offered by Area Office on Aging with Shawn W. 12:00 Lunch 1:00 Puzzles	Day Trip, Toledo Mud Hens; Wear Senior Center Shirt / Hat 9:00 Uno Flip 9:30 Chair Exercises with Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Table Talk	9:00 Brain Game Box: Pairzi 10:00 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games	9:00 Brain Game Box: Phase 10 9:30 Chair Exercises with Lynn 11:00 Avoiding Utility Scams & Unwanted Charges, Amy, Ohio Consumers' Counsel 12:00 Lunch 1:00 Cards

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ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MAY, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 Kings in the Corner 1 (Brain Game Box) 10:00 Chair Yoga 11:00 How to Avoid Utility Scams & Unwanted Charges with Amy Carles, Ohio Consumers' Counsel 12:00 Lunch 1:00 Chit Chat	9:00 Skip Bo 2 10:15 to 11:45 BINGO with Wendy from Normal Memorial Library 12:00 Lunch & Birthday Dessert 1:00 Hobby Hour (Bring your own hobby/ project and work on it)	9:00 Pepper 3 9:30 to 11:30 Health Screenings with Fulton Co. Health Center (Sign Up) 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Games
9:00 Left Center Right 6 11:00 Monday Brain Booster: Hidden Colors Word Game 12:00 Lunch 1:00 Games	9:00 Shut the Box 7 (Brain Game Box) 10:45 Site Council 11:00 How to Avoid Utility Scams & Unwanted Charges with Amy Carles, Ohio Consumers' Counsel 12:00 Lunch 1:00 Chit Chat	9:00 True/ False Questions 8 (Brain Game Box) 10:00 Chair Yoga 10:45 Site Council 11:00 Deputy Sheriff 12:00 Lunch 1:00 Puzzles	Wear Pastel Colors to Celebrate Spring 9 9:00 Spot It! (Brain Game Box) 9:30 to 11:30 Health Screenings with Fulton Co. Health Center (Sign Up) 10:15 to 11:45 BINGO 12:00 Lunch	1:00 Games 10 Wear Pastel Colors to Celebrate Spring 9:00 Tenzi (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards
9:00 I Got It! (Brain Game Box) 13 11:00 Tell Me More (A Question & Answer Program with Dorothy) 12:00 Lunch 1:00 Chit Chat	9:00 Monopoly Deal 14 (Brain Game Box) 11:00 ZINGO 12:00 Lunch 1:00 Hobby Hour (Bring your own hobby/ project and work on it).	9:00 Hobby Hour (Bring your own hobby/ project and work on it). 15 10:00 Chair Yoga 11:00 Free Bluegrass Concert by Circle of Friends 12:00 Lunch 1:00 Games	Wear Senior Center Shirt/ Hat 16 9:00 Five Crowns (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards	Wear Senior Center Shirt/ Hat 17 9:00 Pepper 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games
9:00 Things They Don't Teach 20 You In School (Brain Game Box) 11:00 Monday Brain Booster: Hidden Pictures & Word Search (Ice Cream) 12:00 Lunch 1:00 Puzzles	9:00 Time Line (Brain Game Box) 21 11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. 12:00 Lunch 1:00 Games	9:00 Spot It! (Brain Game Box) 22 10:00 Chair Yoga 11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. (Note Date) 12:00 Lunch 1:00 Cards	9:00 Kings in the Corner 23 (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Hobby Hour (Bring your own hobby/ project and work on it).	9:00 Kanoodle (Brain Game Box) 24 10:15 to 11:45 BINGO 12:00 Lunch 12:15 Update about Archbold Community Garden with Abby P. & Garden Tour 1:00 Chit Chat
27 CLOSED MEMORIAL DAY	9:00 Blokus (Brain Game Box) 28 11:00 Lively Game/ Chat with Sara C. of Hospice of Northwest Ohio 12:00 Lunch 1:00 Hobby Hour (Bring your own hobby/ project and work on it)	Day Trip, Toledo Mud Hens; Wear Senior Center Shirt / Hat 29 9:00 Five Crowns (Brain Game Box) 10:00 Chair Yoga 11:00 Free Concert by Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 Word Search	9:00 Shut the Box 30 (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Skip Bo	9:00 Qwirkle (Brain Game Box) 31 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Table Talk

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