

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. | WAUSEON, OH 43567 | 419.337.9299

APRIL, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:00 Walking (Gym) 1 9:00 Gentle Stretching (Gym) 11:00 Monday Brain Booster: Animal Word Games 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Colosseum Walking Tour by Video</p>	<p>8:00 Gym Open for Walking 2 10:00 Golden Drummers 11:00 Word Games 12:00 Lunch 12:30 Walking in the Gym 12:45 Choir Leaves, Perform at Wyse Commons 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game</p>	<p>8:00 Stretching & Walking 3 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Site Council 11:00 Tai Chi (Senior Led) 11:00 Concert by Nostalgia Men 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music</p>	<p>Trains Exhibit at Museum of Fulton Co.; Wear Senior Center Shirt/ Hat 4 8:00 Walking to Your Favorite Music 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games</p>	<p>8:00 Walking with Friends 5 10:00 Golden Drummers 12:00 Lunch & Birthday Dessert Provided by Heritage Health Care 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:00 Box of Brain Games</p>
<p>Wear Black for the Eclipse 8 8:00 Walking (Gym) 9:00 Gentle Stretching (Gym) 10:30 Free Hearing Aid Cleaning 11:00 Monday Brain Booster: Eclipse Word Games 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Visit Waikiki Beach in Honolulu</p>	<p>8:00 Gym Open for Walking 9 10:00 Golden Drummers 11:00 Concert by Senior Center Choir 12:00 Lunch 12:30 Walking in the Gym (No Choir Practice) 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game</p>	<p>Wear Something Silly 10 8:00 Stretching & Walking 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Wacky Stories with Bill S. 12:00 Lunch 1:00 Scripture Study with Sandy 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music</p>	<p>Day Trip to Toledo Museum of Art: Glass Blowing & Caravaggio Exhibit 11 8:00 Walking to Your Favorite Music 9:00 Managing Arthritis with Jordan 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Free Herb Planting 2:00 Sequence & Other Games</p>	<p>8:00 Walking with Friends 12 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:00 Box of Brain Games</p>
<p>8:00 Walking (Gym) 15 9:00 Gentle Stretching (Gym) 11:00 Free Blood Pressure Checks 11:00 Monday Brain Booster: Ice Cream Hidden Picture & Word Search 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Visit Stonehenge By Video</p>	<p>8:00 Gym Open for Walking 16 10:00 Golden Drummers 11:00 Mental Health News, Wendy J. 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game</p>	<p>8:00 Stretching & Walking 17 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Choir to Fayette Senior Center 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music</p>	<p>Day Trip to Sadowski's Produce; Wear Senior Center Shirt/ Hat 18 8:00 Walking to Your Favorite Music 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games</p>	<p>8:00 Walking with Friends 19 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:00 Box of Brain Games</p>
<p>Wear Blue or Green for Earth Day 22 8:00 Walking (Gym) 9:00 Gentle Stretching (Gym) 11:00 Monday Brain Booster: Earth Day Word Games 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Visit Buckingham Palace</p>	<p>Wear Denim Today. 23 8:00 Gym Open for Walking 10:00 Golden Drummers 11:00 Word Games 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game</p>	<p>8:00 Stretching & Walking 24 8:45 Zumba Gold (Sponsor: Genacross) 9:30 Toenail Clinic (Sign Up) 9:45 Walking in the Gym 10:00 Card Making with Deb 11:00 Tai Chi (Senior Led) 11:00 Music by Peter V. & Friends 1:00 Scripture Study with Sandy 1:00 Silver Sneakers Chair Yoga® 2:00 Walking to Oldies Music</p>	<p>8:00 Walking to Your Favorite Music 25 9:00 Managing Arthritis with Jordan 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games</p>	<p>8:00 Walking with Friends 26 10:00 Golden Drummers 10:00 Choir to Swanton Senior Center 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:00 Box of Brain Games</p>
<p>8:00 Walking (Gym) 29 9:00 Gentle Stretching (Gym) 11:00 Monday Brain Booster: Treasure Island Word Game 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Experience A Year with the Royal Family</p>	<p>Wear Senior Center Shirt 30 8:00 Gym Open for Walking 10:00 Golden Drummers 11:00 Music by Michael Buck 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game</p>			

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**DELTA-101 NORTHWOOD DR.
HOPE CHURCH
TUES. & THURS.**

DELTA / SWANTON ACTIVITIES

**SWANTON
620 DODGE ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Cards 1 9:30 Chair Exercises with Lynn 11:00 Senior Scams with Mary, Swanton Police Department 12:00 Lunch 1:00 Word Search	9:00 Brain Box Games 2 9:30 Parking Lot Stroll with Jeanne 11:00 Hollywood Squares Wii & Other Games 12:00 Lunch 1:00 Puzzles	9:00 Table Talk 3 9:30 Chair Exercises with Lynn 10:00 Site Council 10:15 to 11:45 BINGO with Swanton Library 12:00 Lunch & Birthday Dessert sponsored by Kingston 1:00 Games	Day Trip to Trains Exhibit at Museum of Fulton County; Wear Senior Center Shirt/ Hat 4 9:00 Coffee & Conversations 9:30 Chair Exercises with Carole 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert	5 1:00 Cards 9:00 Cards & Games 9:30 Chair Exercises with Lynn 11:00 Free Concert with Nostalgia Men 12:00 Lunch 1:00 Box of Brain Games
9:00 Table Talk 8 9:30 Chair Exercises with Lynn 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department & Solar Eclipse Word Games 12:00 Lunch 1:00 Puzzles	9:00 Wii Games, Family Feud 9 9:30 Parking Lot Stroll with Jeanne 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Games	9:00 Coffee & Conversations 10 9:30 Chair Exercises with Lynn 9:45 Free Hearing Aid Cleaning 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards	Day Trip to Toledo Museum of Art: 11 Glass Blowing & Caravaggio Exhibit 9:00 Americana Time Line (From the Brain Game Box) 9:30 Chair Exercises with Carole 10:15 to 11:45 BINGO w Delta Students 12:00 Lunch 1:00 Monopoly Deal (From the Brain Games Box)	Funky Friday! Wear Something Silly 12 9:00 Word Search 9:30 Chair Exercises with Lynn 11:00 Light-hearted Poems with Storyteller Bill Senecal 12:00 Lunch 1:00 Chit Chat
9:00 Hidden Pictures Paper (Flowers/ Mother's Day) 15 9:30 Chair Exercises with Lynn 11:00 Earth Day Program with Laura from Black Swamp Conservancy 12:00 Lunch 1:00 Games	9:00 Wii Games, Bowling 16 9:30 Parking Lot Stroll with Jeanne 11:00 Deputy Sheriff 12:00 Lunch 1:00 Cards	National Banana Day is Tomorrow! Wear Yellow. Bring Yellow Prizes for the Prize Table 17 9:00 Cards & Games 9:30 Chair Exercises with Lynn 10:15 to 11:45 Banana BINGO 12:00 Lunch 1:00 Box of Brain Games	Day Trip to Sadowski's Produce: 18 Wear Senior Center Hat/ Shirt 9:00 Word Search 9:30 Chair Exercises with Carole 10:15 to 11:45 Banana BINGO; National Banana Day! Wear Yellow. Bring Yellow Prizes for the Prize Table 12:00 Lunch 1:00 Chit Chat	19 9:00 Tenzi Dice Game 9:30 Chair Exercises with Lynn 10:20 (Note Time) Swanton High School Students 12:00 Lunch 1:00 Puzzles
Happy Earth Day! Wear Blue or Green 22 9:00 Coffee & Conversations 9:30 Chair Exercises with Lynn 10:30 (Note Time) Set Up for 11:00 Earth Day program: Shopping by Swapping 12:00 Lunch 1:00 Cards	9:00 Wii Games, Golf 23 9:30 Parking Lot Stroll with Jeanne 11:00 Downsizing Tips, Marcia Holly, Realtor 12:00 Lunch 1:00 Box of Brain Games	Wear Denim for Denim Day 24 9:00 Table Talk No Chair Exercises 9:30 to 11:30 Health Screenings with Fulton Co. Health Center 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	Wear Denim for Denim Day 25 9:00 Wii Games, Family Feud 9:30 to 11:30 Health Screenings with Fulton Co. Health Center 9:30 Chair Exercises with Carole 10:15 to 11:45 BINGO with Delta Library Caller 12:00 Lunch 1:00 Puzzles	Wear Senior Center Shirt/ Hat 26 9:00 "I Should Have Known That" 9:30 Chair Exercises with Lynn 11:00 Concert by Senior Center Choir 12:00 Lunch 1:00 Games
9:00 I Spy Paper Games 29 9:30 Chair Exercises with Lynn 11:00 Occupation Show & Tell (Bring An Object that Represents A Job or Skill You Had/ Have) 12:00 Lunch 1:00 Box of Brain Games	9:00 Blokus 30 (From the Brain Games Box) 9:30 Parking Lot Stroll with Jeanne 11:00 "Tell Me More," a Question & Answer Program 12:00 Lunch 1:00 Chit Chat			

SENIOR
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ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Left Center Right 1 11:00 Monday Brain Booster: Name That Car & Word Search 12:00 Lunch 1:00 Games	9:00 Cards with Friends 2 10:45 Site Council 11:00 "Make Your Own Sunshine" with Jen from Elara Caring 12:00 Lunch 1:00 Word Search	9:00 Games 3 10:00 Chair Yoga 10:45 Site Council 11:00 Silly Stories with Storyteller, Bill Senecal 12:00 Lunch 1:00 Puzzles	Day Trip to Trains Exhibit at Museum of Fulton County; Wear Senior Center Hat/ Shirt 4 9:00 Skip Bo 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards & Games	9:00 Coffee & Conversation 5 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Box of Brain Games
Wear Black for the Eclipse 8 9:00 Games 11:00 Eclipse Word Games 12:00 Lunch 1:00 Word Search	9:00 Chit Chat 9 11:00 Guitar Music by Will Hinton 12:00 Lunch 1:00 Puzzles	9:00 Chit Chat 10 10:00 Chair Yoga 11:00 Music by Peter V & Friends 12:00 Lunch 1:00 Puzzles	Day Trip to Toledo Museum of Art: Glass Blowing & Caravaggio Exhibit 11 9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games	9:00 Pepper 12 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards
9:00 Games 15 11:00 Monday Brain Booster: Animal Word Games 12:00 Lunch 1:00 Puzzles	9:00 Cards with Friends 16 11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. 12:00 Lunch 1:00 Puzzles	9:00 Coffee & Conversation 17 10:00 Chair Yoga 11:00 Free Concert by the Senior Center Choir 12:00 Lunch 1:00 Box of Brain Games	Day Trip To Sadowski's Produce; Wear Senior Center Hat/ Shirt 18 9:00 Skip Bo 10:15 to 11:45 Spring Clean BINGO 12:00 Lunch 1:00 Cards	9:00 Cards 19 10:15 to 11:45 Spring Clean BINGO 12:00 Lunch 1:00 Word Search
Happy Earth Day! Wear Blue/ Green 22 9:00 Chit Chat 11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. 12:00 Lunch 1:00 Hidden Pictures	9:00 Coffee & Conversation 23 11:00 Free Concert by Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 Box of Brain Games	9:00 Games 24 10:00 Chair Yoga 11:00 Overview of Services Offered by Area Office on Aging with Shawn W. 12:00 Lunch 1:00 Cards	Wear Denim for Denim Day 25 9:00 Left Center Right 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search	Wear Senior Center Hat/ Shirt 26 9:00 Pepper 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles
9:00 Coffee & Conversation 29 11:00 Mental Health News with Wendy; Improve Your Brain's Mood 12:00 Lunch 1:00 Box of Brain Games	9:00 Cards with Friends 30 11:00 Overview of Services Offered by Area Office on Aging with Shawn W. 12:00 Lunch 1:00 Cards			