

LUNCH CALENDAR

DECEMBER, 2023

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

Checks Payable to: Fulton County Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED FOR NEW YEARS DAY	2 Breaded Chicken Strips O'Brien Potatoes California Blend Ambrosia	3 Goulash Cooked Cabbage Fruit Crunch Fresh Fruit	4 Beef Stroganoff Egg Noodles Brussels Sprouts Applesauce Juice	5 Chili w/Beans Mexican Style Rice Summer Squash Tropical Fruit Cookies
Hot Chicken Sandwich Roasted Potatoes Cole Slaw Baked Apples	8 9 Sausage, Egg & Cheese Sandwich Hash Brown Casserole Corn Nuggets Pineapple	10 Beef & Noodles Mashed Potatoes Green Beans Pears	11 Lasagna Steamed Broccoli Sliced Carrots Dark Sweet Cherries	12 Cheese Burger Soup Tossed Salad Kidney Bean Salad Jell-O
15 CLOSED FOR MLK Jr. DAY	16 Salisbury Steak (Alt = Liver & Onions) Mashed Potatoes Sugar Snap Peas Mixed Fruit	17 Swedish Meatballs Egg Noodles Cooked Cabbage Beets Grapes	18 Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Malibu Blend Applesauce Pudding	19 Fish Sandwich Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice
Cheese Burgers Seasoned Potato Wedges Spinach Orange Sections	22 23 Baked Chicken Mashed Potatoes Green & Wax Beans Cranberry Relish Iced Cake	24 Grilled Bratwurst w/Peppers & Onions (LS Alt=Uncured Franks) Yukon Gold Potatoes Peas & Mushrooms Fruit Salad	25 Broccoli Cheese Soup Roast Beef Sandwich Potato Chips Cottage Cheese Watergate Salad	26 Creamed Chicken Over Biscuits Normandy Blend Fruit Crisp
Hot Dogs (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Pineapple	29 30 Hamburger Gravy Mashed Potatoes Mixed Vegetables Fresh Fruit	31 Breaded Pork Chops Rice Pilaf Buttered Beets Pears Vegetable Juice		