

# WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER  
240 CLINTON ST. | WAUSEON, OH 43567 | 419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				8:00 Walking in the Gym 10:30 Golden Drummers 12:00 Lunch & Birthday Party 1:00 to 2:30 Bonus BINGO 1:00 Walking in the Gym <b>1:00 Bible Study with Roger</b> 1:30 Hand & Foot 2:30 Exercise (via YouTube) <b>1</b>
<b>4</b>  <b>CLOSED FOR LABOR DAY</b>	8:30 Walking in the Gym <b>5</b> 10:30 Golden Drummers (Gym) 11:00 September Name Ten Word Game 12:00 Lunch 1:00 Walking in the Gym 1:00 Pinochle 1:00 Karaoke Sing-a-Long 1:00 Silver Sneakers® Classic Exercise 2:00 Corn Hole (Gym)	<b>6</b> No Zumba Gold 9:00 Gentle Workout (via YouTube) 10:00 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Giant Word Search 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:00 Walking in the Gym 3:00 Golf Putting Green (Gym)	<b>7</b> <b>Day Trip, Sandpiper Boat Cruise</b> 9:00 Walking in the Gym 9:30 Exercise to 50s & 60s music (YouTube) 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Walking in the Gym	<b>8</b> 8:00 Walking in the Gym 10:30 Golden Drummers 11:15 Site Council (Note Date) 12:00 Lunch 1:00 to 2:30 Bonus BINGO 1:00 Walking in the Gym 1:30 Hand & Foot 2:30 Exercise (via YouTube)
<b>11</b> <b>Wear Red, White &amp; Blue for Patriots Day</b> 9:30 Matter of Balance w/ Robert Sullivan 10:00 Walking in the Gym <b>10:00 Free Hearing Aid Cleaning</b> 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Hand & Foot 1:00 to 2:30 Line Dancing 2:30 Walking in the Gym 3:00 Golf Putting Green (Gym)	<b>12</b> 8:30 Walking in the Gym 10:30 Golden Drummers (Gym) <b>11:00 Music by Peter Villalovos &amp; Friends</b> 12:00 Lunch 1:00 Walking in the Gym 1:00 Pinochle 1:00 Karaoke Sing-a-Long 1:00 Silver Sneakers® Classic Exercise 2:00 Corn Hole (Gym)	<b>13</b> No Zumba Gold 9:00 Gentle Workout (via YouTube) 10:00 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Giant Crossword Puzzle <b>11:00 Faith Topic with Sandy</b> 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:00 Walking in the Gym 3:00 Golf Putting Green (Gym)	<b>14</b> 9:00 Walking in the Gym 9:30 Exercise to 50s & 60s music (YouTube) 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym <b>1:00 Painting with Peggy (Peacocks)</b> 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Walking in the Gym	<b>15</b> <b>Day Trip, Harrison Lake State Park.</b> <b>Wear Senior Center Shirt / Hat</b> 8:00 Walking in the Gym 10:30 Golden Drummers 12:00 Lunch 1:00 to 2:30 Bonus BINGO 1:00 Walking in the Gym 1:30 Hand & Foot 2:30 Exercise (via YouTube)
<b>18</b> 9 to 11 Flu Immunizations by Fulton Co. Health Dept. (Walk in) <b>9:30 Matter of Balance w/ Robert Sullivan</b> 10:00 Walking in the Gym <b>11:00 Free Blood Pressure Checks (Note Date)</b> 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Hand & Foot 1:00 to 2:30 Line Dancing 2:30 Walking in the Gym 3:00 Golf Putting Green (Gym)	<b>19</b> 8:30 Walking in the Gym 10:30 Golden Drummers (Gym) <b>11:00 "When Life Gives You Lemons, Make Lemonade!" with Susan Dittes</b> 12:00 Lunch 1:00 Walking in the Gym 1:00 Pinochle 1:00 Karaoke Sing-a-Long 1:00 Silver Sneakers® Classic Exercise 2:00 Corn Hole (Gym)	<b>20</b> 8:30 Zumba Gold (Instructor Led) <b>9:30 Toe Nail Clinic (Sign Up)</b> 10:30 Card Making with Deb B. 10:00 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Simple Mobility Tips with Jordan & Mylee of Archbold's Kinesis 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:00 Walking in the Gym 3:00 Golf Putting Green (Gym)	<b>21</b> 9:00 Walking in the Gym 9:30 Exercise to 50s & 60s music (YouTube) 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Walking in the Gym	<b>22</b> 8:00 Walking in the Gym 10:30 Golden Drummers 12:00 Lunch 1:00 to 2:30 Bonus BINGO 1:00 Walking in the Gym <b>1:00 Bible Study with Roger</b> 1:30 Hand & Foot 2:30 Exercise (via YouTube)
<b>25</b> <b>9:30 Matter of Balance w/ Robert Sullivan</b> 10:00 Walking in the Gym <b>11:00 Music by Trinity Trio (Howard Warncke &amp; friends)</b> 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Hand & Foot 1:00 to 2:30 Line Dancing 2:30 Walking in the Gym 3:00 Golf Putting Green (Gym)	<b>26</b> 8:30 Walking in the Gym 10:30 Golden Drummers (Gym) <b>11:00 Free Concert by Circle of Friends</b> 12:00 Lunch 1:00 Walking in the Gym 1:00 Pinochle 1:00 Karaoke Sing-a-Long 1:00 Silver Sneakers® Classic Exercise 2:00 Corn Hole (Gym)	<b>27</b> 8:30 Zumba Gold (Instructor Led) 10:00 Walking in the Gym <b>10:00 Faith Topic with Sandy (Note Time)</b> 11:00 Tai Chi (Senior Led) <b>11:00 Music by Just Us 2</b> 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:00 Walking in the Gym 3:00 Golf Putting Green (Gym)	<b>28</b> 9:00 Walking in the Gym 9:30 Exercise to 50s & 60s music (YouTube) 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise <b>1:00 Free Diabetes Support Group</b> 2:00 Card Games 2:00 Walking in the Gym	<b>29</b> 8:00 Walking in the Gym 10:30 Golden Drummers 12:00 Lunch 1:00 to 2:30 Bonus BINGO 1:00 Walking in the Gym 1:30 Hand & Foot 2:30 Exercise (via YouTube)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Box of Brain Games <b>1</b> 10:00 Chair Exercises (Senior Led) <b>11:00 Fall Prevention BINGO with Erica from Rehabilitation Hospital of Northwest Ohio</b> 12:00 Lunch 1:00 Cards
<b>CLOSED FOR LABOR DAY</b> <b>4</b>	9:00 Puzzles <b>5</b> <b>11:00 Ability Center for Your Durable Medical Equipment Needs</b> 12:00 Lunch 1:00 Box of Brain Games	9:00 Word Search <b>6</b> 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert by Heritage Health Care 1:00 Chit Chat	<b>Day Trip, Sandpiper Boat Cruise</b> <b>7</b> 9:00 Box of Brain Games 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards	9:00 Coffee & Conversation <b>8</b> 10:00 Chair Exercises (Senior Led) <b>11:00 Learn about Letterboxing with Bill Senecal</b> 12:00 Lunch 1:00 Games
<b>Wear Red, White &amp; Blue for Patriot Day</b> <b>11</b> <b>9 to 11 Flu Immunizations with Fulton Co. Health Dept.</b> 10:00 Chair Exercises (Senior Led) <b>11:00 "Just So You Know" &amp; Free Blood Pressure Checks, Fulton Co. Health Dept.</b> 12:00 Lunch 1:00 Box of Brain Games	<b>9 to 11 Flu Immunizations with Fulton Co. Health Dept.</b> <b>12</b> <b>11:00 "Just So You Know" &amp; Free Blood Pressure Checks, Fulton Co. Health Dept.</b> 12:00 Lunch 1:00 Chit Chat	<b>Bring a Photo of Your Grandparents (Grandparents Day is Sept 10)</b> <b>13</b> 9:00 Box of Brain Games 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards	<b>Bring a Photo of Your Grandparents (Grandparents Day is Sept 10)</b> <b>14</b> 9:00 Coffee & Conversation 10:15 to 11:45 BINGO with Delta Students 12:00 Lunch 1:00 Games	<b>Day Trip, Harrison Lake. Wear Senior Center Shirt/ Hat</b> <b>15</b> 9:00 Games 10:00 Chair Exercises (Senior Led) 11:00 Game Day 12:00 Lunch 1:00 Puzzles
9:00 Word Search <b>18</b> 10:00 Chair Exercises (Senior Led) 11:00 Tenzi Dice Game 12:00 Lunch 1:00 Chit Chat	9:00 Box of Brain Games <b>19</b> <b>11:00 Recognize &amp; Prevent Strokes; Erica, Rehabilitation Hospital of Northwest Ohio</b> 12:00 Lunch 1:00 Cards	9:00 Coffee & Conversation <b>20</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games	9:00 Games <b>21</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Word Search <b>22</b> 10:00 Chair Exercises (Senior Led) <b>11:00 Your Medicare Questions Answered with Valerie Edwards</b> 12:00 Lunch 1:00 Cards & Games
9:00 Box of Brain Games <b>25</b> 10:00 Chair Exercises (Senior Led) 11:00 Hidden Pictures Pages 12:00 Lunch 1:00 Cards	9:00 Coffee & Conversation <b>26</b> <b>11:00 Learn about Letterboxing with Bill Senecal</b> 12:00 Lunch 1:00 Games	<b>Day Trip, Toledo Zoo</b> <b>27</b> 9:00 Games 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Word Search <b>28</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards & Games	9:00 Coffee & Conversation <b>29</b> No Chair Exercises 11:00 "Let's Talk About Arthritis" plus Hand Exercises with Penny S. 12:00 Lunch 1:00 Chit Chat

**ARCHBOLD - SCOUT CABIN**  
**INSIDE RUIHLEY PARK, W. WILLIAMS ST.**  
**TUES. & FRI.**

# ARCHBOLD / FAYETTE

## ACTIVITIES

**FAYETTE - FAMILY LIFE CENTER**  
**306 E. MAIN STREET**  
**MON., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Pepper <b>1</b> 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards & Games
<b>CLOSED FOR LABOR DAY</b> <b>4</b>	9:00 Pepper <b>5</b> 10:30 Site Council 11:00 ZINGO 12:00 Lunch 1:00 Games	9:00 Chit Chat <b>6</b> 10:00 Chair Yoga 10:45 Site Council <b>11:00 Your Medicare Questions Answered with Valerie Edwards</b> 12:00 Lunch 1:00 Puzzles	<b>Day Trip, Sandpiper Boat Cruise</b> <b>7</b> 9:00 Skip Bo 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Box of Brain Games	9:00 Pepper <b>8</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards & Games
<b>Wear Red, White &amp; Blue for Patriot Day</b> <b>11</b> 9:00 Games & Cards 11:00 What Am I #1-20 Word Riddles 12:00 Lunch 1:00 Games	9:00 Cards <b>12</b> 10:30 Site Council <b>11:00 Fall Prevention BINGO with Erica, Rehabilitation Hospital of Northwest Ohio</b> 12:00 Lunch 1:00 Puzzles	9:00 Word Search <b>13</b> 10:00 Chair Yoga <b>11:00 "Carl Britsch: Archbold's Famous Architect," a Program by the Museum of Fulton County</b> 12:00 Lunch 1:00 Box of Brain Games	9:00 Coffee & Conversation <b>14</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards & Games	<b>Day Trip, Harrison Lake. Wear Senior Center Shirt/ Hat</b> <b>15</b> 9:00 Pepper 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search
9:00 Word Search <b>18</b> 11:00 September Name Ten Word Game 12:00 Lunch 1:00 Puzzles	9:00 Pepper <b>19</b> 11:00 "Just So You Know" & Free BP Check, Fulton Co. Health Dept. 12:00 Lunch 1:00 Box of Brain Games	9:00 Coffee & Conversation <b>20</b> 10:00 Chair Yoga <b>10:15 to 11:45 BINGO (Note Date)</b> 12:00 Lunch 1:00 Cards & Games	9:00 Cards <b>21</b> <b>11:00 Learn About Letterboxing with Bill S.</b> (Note: BINGO is Sept. 20th) 12:00 Lunch 1:00 Word Search	9:00 Pepper <b>22</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat
<b>9 to 11 Flu Immunizations with Fulton Co. Health Dept.</b> <b>25</b> 11:00 "Just So You Know" & Free BP Check, Fulton Co. Health Dept. 12:00 Lunch 1:00 Box of Brain Games	9:00 Coffee & Conversation <b>26</b> <b>11:00 "An Overview of Dementia," with Shawn from Area Office on Aging</b> 12:00 Lunch 1:00 Cards & Games	9:00 Cards <b>27</b> 10:00 Chair Yoga <b>11:00 Music by Peter Villalovos &amp; Friends</b> 12:00 Lunch 1:00 Word Search	9:00 Skip Bo <b>28</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	9:00 Pepper <b>29</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles