

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. | WAUSEON, OH 43567 | 419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8 to 9:30 Gold Pickleball 3 9:30 to 11:00 Silver Pickleball 11:00 Sequence 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p>	<p>CLOSED FOR INDEPENDENCE DAY 4</p>	<p>Day Trip, Museum of Fulton County 5 8 to 10:30 Silver Pickleball 10:30 to 11 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Word Search 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:05 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 6 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games 2:05 to 3:30 Bronze Pickleball</p>	<p>8 to 10:00 Gold Pickleball 7 10:30 Golden Drummers 11:15 Site Council 12:00 Lunch & Birthday Party 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 10 9:30 to 11:00 Silver Pickleball 10:00 Free Hearing Aid Cleaning 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p>	<p>Wear Senior Center Shirt/ Hat Today 11 8 to 10 Walking in the Gym 10:30 Cardio Drumming 11:00 Music Concert by Nostalgia 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2 to 3:30 Walking in the Gym</p>	<p>8 to 10:30 Silver Pickleball 12 10:30 to 11 Walking in the Gym 11:00 Dulcimer Music, Vickie Halsey 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:05 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 13 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Painting with Peggy (Sign up) 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games 2:05 to 3:30 Bronze Pickleball</p>	<p>8 to 10:00 Silver Pickleball 14 10:30 Golden Drummers 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 17 9:30 to 11:00 Silver Pickleball 11:00 Free Blood Pressure Checks 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p>	<p>8 to 10 Walking in the Gym 18 10:30 Cardio Drumming 11:00 Music by Sunshine Bell Choir 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2 to 3:30 Walking in the Gym</p>	<p>Day Trip, Grease Musical at Tibbits 19 8 to 10:30 Silver Pickleball 10:30 Card Making with Deb B. 10:30 to 11 Walking in the Gym 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:05 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 20 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games 2:05 to 3:30 Bronze Pickleball</p>	<p>8 to 10:00 Gold Pickleball 21 10:30 Golden Drummers 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 24 9:30 to 11:00 Silver Pickleball 11:00 Tai Chi (Senior Led) 11:00 July Name Ten 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p>	<p>8 to 10 Walking in the Gym 25 10:30 Cardio Drumming 11:00 Learn about Letter Boxing with Bill S. 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2 to 3:30 Walking in the Gym</p>	<p>8 to 10:30 Silver Pickleball 26 9:30 Toe Nail Clinic (Sign up) 10:30 to 11 Walking in the Gym 11:00 Fall Prevention BINGO w/ Erica, Rehab Hospital of Northwest Ohio 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Pepper Card Game 2:05 to 3:30 Bronze Pickleball</p>	<p>Bugs Bunny turns 83! Wear gray/white 27 8 to 10 Gold Pickleball 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Rock Decorating w/ Mod Podge w/ Cindy J 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games 2:05 to 3:30 Bronze Pickleball</p>	<p>8 to 10:00 Silver Pickleball 28 10:30 Golden Drummers 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 31 9:30 to 11:00 Silver Pickleball 11:00 Word Search 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p>	<p>NOTE: <i>Choir will resume August 1. Bible Study with Roger & Faith Topics with Sandy will resume in September.</i></p>			

**DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.**

DELTA / SWANTON ACTIVITIES

**SWANTON
620 DODGE ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Coffee & Conversation 3 9:30 to 11:30 DEEP (Diabetes Empowerment Education Class w/ Robert Sullivan from Area Office on Aging) 12:00 Lunch 1:00 Games	4 CLOSED FOR INDEPENDENCE DAY	Day Trip, Museum of Fulton County 5 9:00 Word Search 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards	Wear Senior Center Shirt/ Hat 6 9:00 Cards 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Games	Wear Senior Center Shirt/ Hat 7 9:00 Coffee & Conversation 10:00 Chair Exercises (Senior Led) 11:00 Jazz Piano & Storytelling by Ragtime Rick 12:00 Lunch 1:00 Puzzles
9:00 (NOTE TIME) Free Blood Pressure Check 10 9:30 to 11:30 DEEP (Diabetes Empowerment Education Class w/ Robert Sullivan from Area Office on Aging) 12:00 Lunch 1:00 Chit Chat	9:00 Word Search 11 11:00 "Just So You Know" & Free Blood Pressure Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards	Christmas In July BINGO; Wear Hawaiian; Bring a Wrapped, Gently Used Item for the Prize Table 12 9:00 Cards 9:45 Free Hearing Aid Cleaning 10:15 to 11:45 Christmas in July BINGO 12:00 Lunch 1:00 Games	Christmas In July BINGO; Wear Hawaiian; Bring a Wrapped, Gently Used Item for the Prize Table 13 9:00 Coffee & Conversation 10:15 to 11:45 Christmas in July BINGO 12:00 Lunch 1:00 Puzzles	9:00 Games 14 10:00 Chair Exercises (Senior Led) 11:00 "When Life Gives You Lemons, Make Lemonade," Susan Dittes, Counselor, LPCC, NCC, RN 12:00 Lunch 1:00 Chit Chat
9:00 Word Search 17 9:30 to 11:30 DEEP (Diabetes Empowerment Education Class w/ Robert Sullivan from Area Office on Aging) 12:00 Lunch 1:00 Cards	Wear Senior Center Shirt/ Hat 18 9:00 Cards 11:00 Music by Nostalgia 12:00 Lunch 1:00 Games	Day Trip, Grease the Musical 19 9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Games 20 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	9:00 Coffee & Conversation 21 10:00 Chair Exercises (Senior Led) 11:00 Recognize & Prevent Strokes, Swanton Valley 12:00 Lunch 1:00 Word Search
9:00 Cards 24 10:00 Chair Exercises (Senior Led) 11:00 Game Day 12:00 Lunch 1:00 Games	9:00 Coffee & Conversation 25 11:00 Music by Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 Puzzles	Bugs Bunny turns 83 Tomorrow! 26 Wear gray/ white. 9:00 Games 10:15 to 11:45 "What's Up, Doc?" BINGO 12:00 Lunch 1:00 Chit Chat	Bugs Bunny turns 83 Today! 27 Wear gray/ white. 9:00 Coffee & Conversation 10:15 to 11:45 "What's Up, Doc?" BINGO 12:00 Lunch 1:00 Word Search	9:00 Word Search 28 10:00 Chair Exercises (Senior Led) 11:00 Music by Nostalgia 12:00 Lunch 1:00 Cards
9:00 Coffee & Conversation 31 10:00 Chair Exercises (Senior Led) 11:00 I Spy and Word Search Games 12:00 Lunch 1:00 Puzzles				

ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Cards 3 No Chair Yoga 11:00 Word Search & I Spy Baseball 12:00 Lunch 1:00 Word Search	CLOSED FOR INDEPENDENCE DAY	Day Trip, Museum of Fulton County 5 9:00 Cards 10:00 Chair Yoga 10:45 Site Council 11:00 Basic Fire Safety for Seniors, Gorham-Fayette Fire Department 12:00 Lunch 1:00 Puzzles	9:00 Skip Bo 6 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Box of Brain Games	9:00 Pepper 7 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards & Games
9:00 Puzzles 10 No Chair Yoga 11:00 Game Day 12:00 Lunch 1:00 Word Games	9:00 Cards 11 10:30 Site Council 11:00 Music by Sunshine Bell Choir 12:00 Lunch 1:00 Puzzles	Wear Senior Center Shirt/ Hat 12 9:00 Games & Cards 10:00 Chair Yoga 11:00 Music by Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 Box of Brain Games	9:00 Coffee & Conversation 13 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards & Games	Wear Senior Center Shirt/ Hat 14 9:00 Pepper 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search
9:00 Cards 17 No Chair Yoga 11:00 July Name Ten Word Game 12:00 Lunch 1:00 Puzzles	9:00 Pepper 18 11:00 "Just So You Know" & Free BP Check, Fulton Co. Health Dept. 12:00 Lunch 1:00 Box of Brain Games	Day Trip, Grease at Tibbits Opera House 19 9:00 Coffee & Conversation 10:00 Chair Yoga 11:00 Recognize & Prevent Strokes, Erica, Rehab Hospital of Northwest OH 12:00 Lunch 1:00 Cards & Games	Christmas In July BINGO; Wear Red/ Green; Bring a Wrapped, Gently Used Item for the Prize Table 20 9:00 Games 10:15 to 11:45 Christmas in July BINGO 12:00 Lunch 1:00 Word Search	Christmas In July BINGO; Wear Red/ Green; Bring a Wrapped, Gently Used Item for the Prize Table 21 9:00 Pepper 10:15 to 11:45 Christmas in July BINGO 12:00 Lunch 1:00 Word Games
9:00 Games & Cards 24 No Chair Yoga 11:00 "Just So You Know" & Free BP Check, Fulton Co. Health Dept. 12:00 Lunch 1:00 Box of Brain Games	9:00 Coffee & Conversation 25 11:00 Music by Will Hinton 12:00 Lunch 1:00 Cards & Games	9:00 Skip Bo 26 10:00 Chair Yoga 11:00 Music by Sunshine Bell Choir 12:00 Lunch 1:00 Word Search	Bugs Bunny turns 83 Today! Wear gray/ white. 27 9:00 Cards 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Games	9:00 Pepper 28 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat
9:00 Coffee & Conversation 31 No Chair Yoga 11:00 Buzzword Word Game (Cold/Catch) 12:00 Lunch 1:00 Cards & Games				