

LUNCH CALENDAR

MAY, 2023

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

Checks Payable to: Fulton County Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders O'Brien Potatoes California Blend Peaches 1	Goulash Cooked Cabbage Fruit Crunch Mixed Fruit 2	Beef Stroganoff Egg Noodles Brussels Sprouts Applesauce Juice 3	Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Apple Slices 4	Chili w/Beans Mexican Style Rice Summer Squash Tropical Fruit Taco Bar (Sites only) 5
Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Roasted Vegetables Fresh Fruit 8	Hot Chicken Sandwich Potato Wedges Cole Slaw Baked Apples 9	Sausage, Egg & Cheese Sandwich Hash Brown Casserole Corn Nuggets Pineapple 10	Beef & Noodles Mashed Potatoes Green Beans Pears Brownies 11	Beef Stew Tossed Salad Cottage Cheese Jell-O 12
Lasagna Steamed Broccoli Sliced Carrots Dark Sweet Cherries 15	Salisbury Steak or Liver & Onions Mashed Potatoes Sugar Snap Peas Mixed Fruit 16	Swedish Meatballs Egg Noodles Cooked Cabbage Buttered Beets Grapes Yogurt 17	Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Malibu Blend Vegetable Applesauce 18	Fish Sandwich Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice 19
Cheese Burgers Seasoned Potato Wedges Spinach Orange Sections 22	Baked Chicken Mashed Potatoes Green & Wax Beans Cranberry Relish 23	Smoked Sausage & Sauerkraut (LS Alt=Uncured Franks) Smashed Red Potatoes Peas w/Onions Fresh Fruit 24	Beef Vegetable Soup Turkey Sandwich Kidney Bean Salad Sunshine Salad 25	Creamed Chicken Over Biscuits Normandy Blend Fruit Crisp 26
CLOSED FOR MEMORIAL DAY 29	Hot Dogs (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Pineapple Cookies 30	Hamburger Gravy Mashed Potatoes Mixed Vegetables Bananas 31		