

LUNCH CALENDAR

APRIL, 2023

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

Checks Payable to: Fulton County Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sloppy Joe Sandwich 3 Roasted Potatoes California Blend Peaches	Roast Turkey 4 Savory Bread Dressing Green Beans Buttered Beets Cranberry Relish	Biscuits & Gravy 5 Hash Brown Casserole Corn Nuggets Mandarin Oranges	Swiss Steak 6 Mashed Potatoes Butter Beans Fresh Fruit	7 CENTER CLOSED AT NOON FOR GOOD FRIDAY NO MEALS SERVED
Grilled Bratwurst w/ Peppers & Onions 10 (LS Alt=Uncured Franks) Au Gratin Potatoes Brussels Sprouts Dark Sweet Cherries	Shepherd's Pie 11 Summer Squash Fruit Crunch	Baked Chicken 12 Rice Pilaf Normandy Blend Apples Vegetable Juice	Cheese Burgers 13 Seasoned Potato Wedges Mixed Vegetables Pineapple Pudding	Pasta w/Meatballs 14 Steamed Cauliflower Baby Carrots Mixed Fruit
Ham & Bean Soup 17 (LS Alt=LS Veg. Soup) Turkey Sandwich Broccoli Salad Grape Salad	BBQ Pork Sandwich 18 Roasted Potatoes Ranch Style Beans Cole Slaw	Stuffed Bell Peppers 19 California Blend Baked Apples Bananas	Chicken & Noodles 20 Mashed Potatoes Green Beans Pears	Hamloaf 21 (LS Alt=Meatloaf) Sweet Potatoes Malibu Blend Applesauce Ice Cream
Chicken Fried Steak w/ Country Gravy 24 Mashed Potatoes Sugar Snap Peas Fresh Fruit	Baked Fish 25 Macaroni & Cheese Stewed Tomatoes Mandarin Oranges Juice	Pot Roast 26 Boiled Potatoes Carrots Pineapple Cookies	Broccoli Cheese Soup 27 Cold Cut Sandwich Pea Salad Jell-O	Steamed Franks 28 (LS Alt=Chicken Breast) Baked Beans Mixed Vegetables Tangerines