

# LUNCH CALENDAR

DECEMBER, 2022

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

**SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.**

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

**Checks Payable to: Fulton County Senior Center**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple <b>1</b>	Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Applesauce <b>2</b>
BBQ Beef Sandwich <b>5</b> Roasted Potatoes Ranch Style Beans Cole Slaw	Chicken Alfredo Pasta <b>6</b> Steamed Broccoli Baby Carrots Mixed Fruit	Swiss Steak <b>7</b> Mashed Potatoes Green Beans Pears Cup Cakes	Ham & Bean Soup <b>8</b> (LS Alt=LS Vegetable Soup) Egg Salad Tossed Salad Pickled Beets	Fish Sandwich <b>9</b> Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice
Creamed Chipped Beef <b>12</b> Mashed Potatoes Scandinavian Blend Apricots Yogurt	Chicken Vegetable Soup <b>13</b> Sub Sandwich Pea Salad 5 Cup Salad	Hamloaf <b>14</b> (LS Alt=Meatloaf) Sweet Potatoes Cooked Cabbage Applesauce	Lasagna <b>15</b> Steamed Broccoli Cream Style Corn Grapes	Hamburger Gravy <b>16</b> Mashed Potatoes Peas & Mushrooms Bananas
Steamed Franks <b>19</b> (LS Alt=Chicken Breast) Baked Beans California Blend Dark Sweet Cherries	Chicken & Noodles <b>20</b> Mashed Potatoes Green Beans Peaches	Goulash <b>21</b> Summer Squash Mixed Vegetables Pineapple	Pot Roast <b>22</b> Boiled Potatoes Carrots Mandarin Oranges Cookies	<b>23</b>  <b>SITES CLOSED AT NOON NO MEALS SERVED</b>
<b>26</b>  <b>CLOSED FOR CHRISTMAS HOLIDAY</b>	Pub Burgers <b>27</b> Seasoned Potato Wedges Normandy Blend Vegetables Fruit Salad Ice Cream	Beef & Cabbage Soup <b>28</b> Ham & Cheese on Rye Corn & Frito Salad Jell-O	Sausage & Sauerkraut <b>29</b> (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Fresh Fruit	<b>30</b>  <b>SITES CLOSED AT NOON NO MEALS SERVED</b>