

# LUNCH CALENDAR

NOVEMBER, 2021

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Chicken Sandwich Roasted Potatoes Malibu Blend Vegetable Mixed Fruit <b>1</b>	Sausage & Sauer Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Tangerine <b>2</b>	Chicken Ala King Peas w/Onions Pineapple Casserole Biscuits <b>3</b>	Beef & Noodles Mashed Potatoes Green Beans Fresh Grapes <b>4</b>	Cream of Broccoli Soup Ham & Cheese Sandwich Marinated Carrots 5 Cup Salad <b>5</b>
Sloppy Joe Sandwich Seasoned Potato Wedges Midori Blend Vegetable Tropical Fruit <b>8</b>	Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Baked Apples <b>9</b>	Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Plums <b>10</b>	<b>CLOSED FOR VETERANS DAY</b> <b>11</b>	Baked Fish Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice <b>12</b>
Steamed Franks (LS Alt=Chicken Breast) Baked Beans Peas & Carrots Pineapple <b>15</b>	Goulash Cooked Cabbage Sugar Snap Peas Peaches Cookies <b>16</b>	Sausage Gravy & Biscuits Hash Brown Casserole Corn Nuggets Mandarin Oranges <b>17</b>	Savory Baked Chicken Rice Pilaf Winter Blend Vegetable Applesauce Juice <b>18</b>	Pot Roast Boiled Potatoes Carrots Bananas <b>19</b>
Chicken & Noodle Soup Ham Salad Sandwich (LS Alt=Chicken Salad) Tossed Salad Jell-O <b>22</b>	Pub Burgers Seasoned Potato Wedges Steamed Spinach Fresh Orange <b>23</b>	Roast Turkey Savory Bread Dressing Sweet Potatoes Green Beans Cranberry Relish Pumpkin Pie <b>24</b>	<b>CLOSED FOR THANKSGIVING DAY</b> <b>25</b>	<b>CLOSED FOR THANKSGIVING HOLIDAY</b> <b>26</b>
Lasagna Steamed Broccoli Cream Style Corn Mixed Fruit <b>29</b>	Swiss Steak Mashed Potatoes Buttered Beets Fresh Fruit Pudding <b>30</b>			