

LUNCH CALENDAR

AUGUST, 2021

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta w/Meat Sauce 2 Steamed Broccoli Cream Style Corn Pears	Hot Chicken Sandwich 3 Roasted Potatoes Cole Slaw Baked Apples	Smoked Sausage 4 & Sauer Kraut (LS Alt=Turkey Franks) Smashed Red Potatoes Peas w/Onions Fresh Fruit	Beef Vegetable Soup 5 Turkey Sandwich Broccoli Salad 5 Cup Salad	Chicken & Noodles 6 Mashed Potatoes Green Beans Peaches Yogurt
BBQ Pork Sandwich 9 Macaroni & Cheese Succotash Fresh Fruit Juice	Roast Turkey 10 Dressing California Blend Wax Beans Orange Cranberry Relish	Goulash 11 Cooked Cabbage Mixed Vegetables Bananas	Pub Burgers 12 Seasoned Potato Wedges Spinach Mandarin Oranges Pudding	Tomato Basil Soup 13 Ham & Cheese Sandwich Kidney Bean Salad Ambrosia
Swedish Meatballs 16 Egg Noodles Brussels Sprouts Wax Beans Fresh	Chicken Salad Sandwich 17 Three Bean Salad Jell-O Fresh Grapes Cookies	Ham Loaf 18 (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce	Sloppy Joes 19 Roasted Potatoes Malibu Blend Vegetable Fruit Salad	Salmon Patties 20 Au Gratin Potatoes Creamed Peas Tropical Fruit
Cabbage Rolls 23 Mashed Potatoes Cook's Choice Vegetable Pears	Chicken & Rice Soup 24 Seafood Salad Sandwich W/Lettuce & Tomato Pea Salad Orange Sections	Baked Ham 25 (LS Alt=Pork Roast) Scalloped Potatoes Carrots Pineapple Granola Bars	Creamed Chipped Beef 26 Mashed Potatoes Green Beans Dark Sweet Cherries	Chicken Tenders 27 O'Brien Potatoes Winter Blend Vegetables Mixed Fruit
Beef Franks 30 (LS Alt=Chicken Breast) Baked Beans Mixed Vegetables Tangerines Muffins	Chili w/Beans 31 Mexican Style Rice Sugar Snap Peas Apricots Juice			