

LUNCH CALENDAR

MAY, 2021

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Ravioli w/Meat Sauce Steamed Broccoli Cauliflower 3	Sloppy Joe Sandwich Roasted Potatoes Seasoned Corn 4	Ham Salad Sandwich (LS Alt=Chicken Salad) Tossed Salad Fruit Compote 5	Turkey Ala King Peas w/Onions Fruit Crunch 6	Baked Fish Macaroni & Cheese Stewed Tomatoes Juice 7
Braised Beef Tips Egg Noodles Green & Wax Beans Beets 10	Sausage, Egg & Cheese Croissant Hash Brown Casserole Spiced Applesauce 11	Submarine Sandwich Potato Salad Marinated Carrots 12	Cabbage Rolls Mashed Potatoes Sugar Snap Peas 13	Italian Sausage w/Peppers & Onions (LS Alt=Turkey Franks) Rosemary Potatoes Capri Blend Vegetables 14
BBQ Beef Sandwich Roasted Potatoes Summer Squash 17	Chicken Enchiladas Mexican Style Rice Refried Beans Vegetable Juice 18	Turkey & Swiss Burgers Seasoned Potato Wedges Mixed Vegetables 19	Salisbury Steak Mashed Potatoes Green Beans 20	Tuna Salad Sandwich Tossed Salad Broccoli Salad 21
Meatloaf Mashed Potatoes Brussels Sprouts 24	Beef Franks (LS Alt=Chicken Breast) Baked Beans California Blend 25	Chili w/Beans Seasoned Corn Fruit Cobbler 26	Sweet & Sour Chicken Fried Rice Midori Blend Vegetables 27	Pot Roast Yukon Gold Potatoes Sliced Carrots 28
31 SENIOR CENTER CLOSED FOR MEMORIAL DAY				