

LUNCH CALENDAR

OCTOBER, 2020

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Roast Beef Sandwich Kidney Bean Salad Pudding 1	Turkey Burgers Seasoned Potato Wedges Summer Squash 2
Cabbage Rolls 5 Mashed Potatoes Carrots	Salmon Patties 6 Au Gratin Potatoes Creamed Peas	Pasta w/Meat Sauce 7 Broccoli Fruit Crisp	Grilled Bratwurst 8 (LS Alt=Turkey Franks) Grilled Peppers & Onions Red Potatoes Cook's Choice Vegetable	Meatloaf 9 Mashed Potatoes Beets
SITES CLOSED FOR COLUMBUS DAY 12	Roast Turkey 13 Dressing Green Beans	BBQ Rib Sandwich 14 Macaroni & Cheese Succotash	Country Fried Steak 15 w/Country Gravy Mashed Potatoes Sugar Snap Peas	Lasagna 16 Winter Blend Baked Apples
Sausage, Egg & Cheese 19 Breakfast Sandwich Hash Brown Casserole Cherry Crunch	Chicken Enchiladas 20 Mexican Style Rice Seasoned Corn	Seafood Salad Sandwich 21 Tossed Salad Pickled Beets	Beef Franks 22 (LS Alt=Chicken Breast) Baked Beans Mixed Vegetables	Hot Chicken Sandwich 23 Roasted Potatoes Peas
Stuffed Pasta Shells 26 Winter Blend Vegetables Pineapple Casserole	Tuna Salad Sandwich 27 Cauliflower Salad Fruit Compote	Baked Fish 28 Macaroni & Cheese Stewed Tomatoes	Deli Chicken Sandwich 29 Three Bean Salad Jell-O	Turkey & Gravy 30 Mashed Potatoes Green Beans