

LUNCH CALENDAR

MARCH, 2020

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Pork Macaroni & Cheese Cole Slaw Baked Apples Juice 2	Pub Burgers Seasoned Potato Wedges Spinach Pears Ice Cream 3	Roast Turkey Dressing Steamed Broccoli Wax Beans Orange Cranberry Relish 4	Cheeseburger Soup Deli Chicken Sandwich Three Bean Salad Jell-O 5	Goulash Cooked Cabbage Mixed Vegetables Peaches 6
Shepherd's Pie Summer Squash Cauliflower Salad Fruit Crunch 9	Breaded Pork Chops Red Potatoes Sugar Snap Peas Pineapple 10 Wauseon Only: Baked Fish	Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit 11	Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges 12	Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes 13
Chicken Tenders O'Brien Potatoes Brussels Sprouts Fruit Cocktail Pie 16	Comed Beef (LS Alt=Roast Beef) Boiled Potatoes Cooked Cabbage Carrots 17	Chicken Corn Chowder Garden Salad Kidney Bean Salad Cheese Cubes Fruit Salad 18	Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Broccoli Fruit Cobbler 19 Sites Only: Taco Day	Steamed Franks (LS Alt=Chicken Breast) Baked Beans Malibu Blend Fresh Fruit 20
Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip 23	Stuffed Pepper Soup Submarine Sandwich Broccoli Salad Grape Salad 24	Stuffed Chicken Breast Rice Pilaf Stewed Tomatoes Bananas Juice 25	Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Apple Sauce 26	Salisbury Steak or Liver & Onions Mashed Potatoes Green Beans Pears Yogurt 27
Sausage Patty Sandwich Hash Brown Casserole Succotash Tropical Fruit 30	Chili w/Beans Mexican Style Rice Summer Squash Orange Sections Cookies 31			