

# LUNCH CALENDAR

JANUARY, 2020

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> <b>CLOSED</b> <b>HAPPY NEW YEAR</b>	<b>2</b> Goulash Cooked Cabbage Mixed Vegetables Peaches Cookies	<b>3</b> Beef & Noodle Soup Egg Salad Sandwich Tossed Salad Broccoli Salad
<b>6</b> Breaded Pork Chops Red Skin Potatoes Sugar Snap Peas Pineapple  <b>Sites Only: Baked Potato Bar</b>	<b>7</b> Tomato Basil Soup Roast Beef Sandwich Marinated Carrots Jell-O	<b>8</b> BBQ Beef Sandwich Roasted Potatoes Succotash Cole Slaw Juice	<b>9</b> Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit	<b>10</b> Steamed Franks (LS Alt=Chicken Breast) Baked Beans Midori Blend Vegetable Fresh Fruit
<b>13</b> Roasted Chicken Savory Bread Dressing Steamed Broccoli Apricots Juice	<b>14</b> Sausage, Egg & Cheese Breakfast Sandwich Hash Brown Casserole Buttered Beets Orange Segments	<b>15</b> Ham & Bean Soup (LS ALT= LS Tomato Soup) Chicken Salad Sandwich Cauliflower Salad Fruit Compote	<b>16</b> Cheeseburgers Seasoned Potato Wedges Spinach Pears	<b>17</b> Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Winter Blend Vegetable Fruit Crisp
<b>20</b> <b>CLOSED</b> <b>MARTIN LUTHER</b> <b>KING JR., DAY</b>	<b>21</b> Stuffed Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip	<b>22</b> Chicken Tenders Au Gratin Potatoes Brussels Sprouts Fruit Cocktail	<b>23</b> Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce Brownies	<b>24</b> Chili w/Beans Mexican Style Rice Steamed Zucchini Juice  <b>Sites Only: Taco Day</b>
<b>27</b> Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes	<b>28</b> Pot Roast Boiled Potatoes Sliced Carrots Tropical Fruit	<b>29</b> Smothered Chicken Mashed Potatoes Peas Dark Sweet Cherries Yogurt	<b>30</b> Grilled Bratwurst w/Peppers & Onions (LS Alt=Turkey Franks) Smashed Red Potatoes Winter Squash Pineapple	<b>31</b> Cream Of Broccoli Soup Ham Salad Sandwich (LS Alt=Chicken Salad) Kidney Bean Salad Jell-O