

# LUNCH CALENDAR

SEPTEMBER, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>CLOSED FOR LABOR DAY</b>	<b>3</b> BBQ Pork Macaroni & Cheese Succotash Cole Slaw Juice	<b>4</b> Cheeseburger Soup Spinach Salad Kidney Bean Salad Jell-O	<b>5</b> Turkey ala King Mashed Potatoes Sugar Snap Peas Biscuits Pudding	<b>6</b> Steamed Franks (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Fresh Fruit
<b>9</b> Shepherd's Pie Summer Squash Green Salad Fruit Crisp	<b>10</b> Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Pears Juice	<b>11</b> Cheeseburgers Roasted Potatoes Peas w/Onions Pineapple	<b>12</b> Ham & Bean Soup (LS Alt=Tomato Soup) Deli Chicken Sandwich Broccoli Salad Fruit Ambrosia Cornbread <b>Wauseon Only: Tuna Salad</b>	<b>13</b> Goulash Cooked Cabbage Mixed Vegetables Peaches Yogurt
<b>16</b> Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit Cookies	<b>17</b> Beef Stew Tossed Salad Cottage Cheese Orange Sections Biscuits	<b>18</b> Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Broccoli Pineapple Casserole	<b>19</b> Breaded Chicken Strips Au Gratin Potatoes Brussels Sprouts Fruit Cocktail  <b>Wauseon Only: Fish Sticks</b>	<b>20</b> Beef Vegetable Soup Pasta Salad Cucumber & Tomato Salad Cheese Cubes Five Cup Salad
<b>23</b> Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip	<b>24</b> Tomato Basil Soup Turkey Salad Sandwich Three Bean Salad Jell-O  <b>Sites Only: Taco Day</b>	<b>25</b> Swedish Meatballs Egg Noodles Malibu Blend Vegetables Crumb Topped Peaches Bananas	<b>26</b> Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Apple Sauce	<b>27</b> Sausage & Sauer Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Peas & Carrots Tropical Fruit
<b>30</b> Sloppy Joes Seasoned Potato Wedges Capri Blend Vegetables Fresh Fruit Salad				