

# LUNCH CALENDAR

MAY, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Corn Chowder Turkey Salad Sandwich Green Salad Fruit Compote <b>1</b>	Goulash Cooked Cabbage Mixed Vegetables Peaches <b>2</b>	Breaded Pork Chops Red Skin Potatoes Sugar Snap Peas Pineapple <b>3</b>
Shepherd's Pie Summer Squash Broccoli Salad Fruit Crisp <b>6</b>	Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Mixed Fruit Juice <b>7</b>	Chicken & Noodles Mashed Potatoes Green Beans Bananas <b>8</b>	Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits <b>9</b>	Ham & Bean Soup (LS Alt=Vegetable Soup) Cauliflower Salad Jell-O Fruit Salad Corn Bread <b>10</b>
Burgers Potato Wedges Seasoned Spinach Pears Ice Cream <b>13</b>	Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Steamed Broccoli Fruit Cobbler <b>14</b>	Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip <b>15</b>	Breaded Chicken Strips Au Gratin Potatoes Brussels Sprouts Fruit Cocktail  <b>Wauseon Only: Fish Sticks</b> <b>16</b>	Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes <b>17</b>
Sloppy Joes Roasted Potatoes Malibu Blend Fruit Salad  <b>Sites Only: Taco Day</b> <b>20</b>	Chicken & Noodle Soup Roast Beef Sandwich Three Bean Salad Jell-O <b>21</b>	Hot Dogs (LS Alt=Turkey Franks) Baked Beans Seasoned Corn Fresh Oranges <b>22</b>	Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce Cookies <b>23</b>	Salisbury Steak Mashed Potatoes Green Beans Dark Sweet Cherries  <b>Wauseon Only: Liver &amp; Onions</b> <b>24</b>
<b>CLOSED MEMORIAL DAY</b> <b>27</b>	Italian Sausage Sandwich w/Peppers & Onions Corn Nuggets Italian Blend Tropical Fruit Pudding <b>28</b>	Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit <b>29</b>	Vegetable Soup Submarine Sandwich w/Lettuce & Tomato Potato Salad Cranberry Orange Relish <b>30</b>	Biscuits & Gravy Hash Brown Casserole Tossed Salad Fruit Crunch <b>31</b>