

# LUNCH CALENDAR

MARCH, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Baked Pork Chops Redskin Potatoes Sugar Snap Peas Pineapple <b>1</b>
Baked Chicken <b>4</b> Rice Pilaf Stewed Tomatoes Juice Fresh Fruit	Tomato Basil Soup <b>5</b> (LS Alt=LS Tomato Soup) Turkey Salad Sandwich Lettuce & Tomato Potato Salad Fruit Compote	Baked Ham <b>6</b> (LS Alt=Pork Loin) Scalloped Potatoes Steamed Broccoli Fruit Cobbler <b>Wauseon only – Baked Fish</b>	Beef Stew <b>7</b> Tossed Salad Cottage Cheese Mandarin Oranges Biscuits	Chicken Tenders <b>8</b> O'Brien Potatoes Brussels Sprouts Mixed Fruit <b>Wauseon only – Fish Sticks</b>
Cabbage Rolls <b>11</b> Mashed Potatoes Cook's Choice Vegetable Apricots	Ham Loaf <b>12</b> (LS Alt=Meat Loaf) Sweet Potatoes Cole Slaw Spiced Apple Sauce	Sloppy Joes <b>13</b> Roasted Potatoes Malibu Blend Vegetables Bananas Ice Cream	Split Pea Soup <b>14</b> Ground Bologna Sandwich (LS Alt=Chicken Salad) Green Salad Jell-O	Jiggs Dinner <b>15</b> Corned Beef Cooked Cabbage Boiled Potatoes Carrots Fresh Grapes <b>Wauseon only – Baked Fish</b>
Swedish Meatballs <b>18</b> Egg Noodles Peas Fruit Crunch Fresh Fruit	Salisbury Steak <b>19</b> Mashed Potatoes Seasoned Corn Apple Sauce <b>All Sites – Taco Day</b>	Stuffed Pepper Soup <b>20</b> Ham & Cheese Sandwich Broccoli Salad Ambrosia	Chicken & Noodles <b>21</b> Mashed Potatoes Green Beans Peaches	Vegetable Lasagna <b>22</b> Steamed Cauliflower Sliced Zucchini Pears Yogurt
Steamed Franks <b>25</b> (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Vegetable Mixed Fruit Juice	Goulash <b>26</b> Summer Squash Green Salad Fruit Crisp Cookies	Roast Pork <b>27</b> Long Grain & Wild Rice Seasoned Spinach Apple Sauce Juice	Cheese Burgers <b>28</b> Potato Wedges Baked Beans Orange Segments	Minestrone Soup <b>29</b> Egg Salad Sandwich Grape Salad Jell-O