

LUNCH CALENDAR

DECEMBER, 2018

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Country Fried Steak 3 Country Gravy Mashed Potatoes Green Beans Wauseon Only: Baked Potato Bar	Stuffed Chicken Breast 4 Long Grain & Wild Rice Cook's Choice Vegetable Dark Sweet Cherries	Biscuits & Gravy 5 Hash Brown Casserole Tossed Salad Fruit Crunch	Beef & Noodles 6 Mashed Potatoes Midori Blend Vegetables Peaches	Ham Loaf 7 (LS Alt=Meatloaf) Sweet Potatoes Succotash
Pasta w/Meat Sauce 10 Steamed Broccoli Cream Style Corn Fruit Cocktail	Hot Chicken Sandwich 11 Potato Wedges Cole Slaw Baked Apples Yogurt Wauseon Only: Fish Sandwich	Beef Stew 12 Tossed Salad Cottage Cheese Mandarin Oranges	Cream of Broccoli Soup 13 Turkey Sandwich Three Bean Salad 5 Cup Salad	Chili w/Beans 14 Spanish Rice Calico Corn Fresh Tangerine
Breaded Pork Chops 17 Parslied Potatoes Sugar Snap Peas Tropical Fruit Sites Only: Taco Day	Hot Dogs 18 (LS Alt=Chicken Breast) Baked Beans Mixed Vegetables Fresh Fruit	Goulash 19 Cooked Cabbage Butter Beans Peaches	Breakfast for Lunch 20 Sausage, Egg and Cheese Sandwich Hash Brown Casserole French Toast Bake Bananas	Shepherd's Pie 21 Summer Squash Green Salad Fruit Crisp
24 CLOSED MERRY CHRISTMAS	25 CLOSED MERRY CHRISTMAS	Cheeseburgers 26 Potato Wedges Seasoned Spinach Mixed Fruit	Beef Vegetable Soup 27 Chicken Salad Sandwich Corn and Frito Salad Jell-O	Chicken & Noodles 28 Mashed Potatoes Winter Blend Vegetables Pears
Sausage & Sauer Kraut 31 (LS Alt=Turkey Franks) Smashed Red Potatoes Peas w/Onions				