

# LUNCH CALENDAR

NOVEMBER, 2018

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Sloppy Joes Oven Fries Malibu Blend Vegetables Fruit Salad <b>1</b>	Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Bananas Cranberry Juice <b>2</b>
Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Fresh Apple <b>5</b>	Chicken & Noodles Mashed Potatoes Green Beans Apricots Pudding <b>6</b>	Sausage & Kraut (LS Alt=Turkey Franks) Smashed Red Potatoes Winter Squash Fruit Juice <b>7</b>	Salisbury Steak Mashed Potatoes Seasoned Corn Apple Sauce <b>8</b>  Wauseon Site Only: add Liver & Onions	<b>Home Delivery Only:</b> Cold Cuts & Cheese Lettuce & Tomato Kidney Bean Salad Ambrosia Orange Juice <b>Veterans Breakfast at St. Caspar;</b> <b>Reserve your spot at 419-337-9299</b> <b>9</b>
<b>CLOSED FOR VETERANS DAY</b> <b>12</b>	Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple Chunks Ice Cream <b>13</b>	Goulash Summer Squash Tossed Salad Fruit Crisp <b>14</b>	Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit <b>15</b>	Split Pea Soup Ground Bologna Sandwich (LS Alt=Chicken Salad) Broccoli Slaw Jell-O <b>16</b>
Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Peaches <b>19</b>	Cheese Burgers Oven Fries Baked Beans Orange Segments <b>20</b>	Roast Turkey Bread Dressing Green Bean Casserole Winter Blend Vegetables Orange Cranberry Relish Pumpkin Pie <b>21</b>	<b>CLOSED FOR THANKSGIVING</b> <b>22</b>	<b>CLOSED FOR THANKSGIVING</b> <b>23</b>
Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Vegetables Mixed Fruit Asst. Juice <b>26</b>	Chicken Alfredo Pasta Peas & Mushrooms Steamed Carrots Pineapple Chunks  <b>Sites Only: Taco Bar</b> <b>27</b>	Chicken Breast Sandwich O'Brien Potatoes Buttered Beets Fruit Salad Cookies <b>28</b>	Tomato Basil Soup Deli Chicken Sandwich Potato Salad Mandarin Oranges <b>29</b>	Beef Stroganoff Egg Noodles Brussels Sprouts Wax Beans Fruit Juice <b>30</b>