

LUNCH CALENDAR

SEPTEMBER, 2018

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED FOR LABOR DAY	4 Beef & Noodles Mashed Potatoes Sugar Snap Peas Apricots	5 Navy Bean Soup (LS Alt=Tomato Soup) Deli Chicken Sandwich Pickled Beets Tropical Fruit	6 Sausage Patty Sandwich Hash Brown Casserole Succotash Mixed Fruit	7 Salisbury Steak Mashed Potatoes Steamed Broccoli Fresh Apples Yogurt Wauseon Site Only: Pasta Bar
10 Goulash Summer Squash Tossed Salad Fruit Crisp	11 Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit	12 Cheese Burgers Oven Fries Baked Beans Orange Segments	13 Cold Plate Cold Cuts & Cheese (LS Alt=Chicken Salad) Lettuce & Tomato Pea Salad Fruit Salad Wauseon Site Only: Tuna Salad	14 Chipped Beef Mashed Potatoes Mixed Vegetables Peaches
17 Hot Dogs (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Vegetables Mixed Fruit Orange Juice	18 Beef Stroganoff Egg Noodles Brussels Sprouts Apple Sauce Cookies	19 Chicken Breast Sandwich O'Brien Potatoes Buttered Beets Fruit Salad	20 Chili w/Beans Mexican Style Rice Tossed Salad Fruit Crisp	21 Country Fried Steak w/Country Gravy Mashed Potatoes Green Beans Pears
24 Biscuits & Gravy Hash Brown Casserole Tossed Salad Fruit Crunch	25 Cheeseburger Soup Ground Bologna Sandwich (LS Alt=Egg Salad) Broccoli Salad Jell-O	26 Chicken & Noodles Mashed Potatoes Midori Blend Vegetables Peaches Pudding	27 Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Creamed Peas Pineapple	28 Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Bananas Sites Only: Taco Bar