

LUNCH CALENDAR

AUGUST, 2018

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
		Smoked Sausage Sauer Kraut (LS Alt=Turkey Franks) Smashed Red Potatoes Peas w/Onions Mixed Fruit	1 Chicken Noodle Soup Ham & Cheese Sandwich Broccoli & Cauliflower Salad 5 Cup Salad	2 BBQ Rib Sandwich Seasoned Potato Wedges Succotash Cole Slaw Wauseon Site Only: Baked Potato Bar					
Steamed Franks (LS Alt=Chicken Breast) Baked Beans Normandy Blend Vegetables Fresh Fruit Cookies	6	Breakfast for Lunch Sausage ,Egg and Cheese Biscuit Sandwich Hash Brown Casserole French Toast Bake Diced Fresh Fruit Orange Juice	7	Goulash Cooked Cabbage Mixed Vegetables Peaches	8	Shepherd's Pie Summer Squash Green Salad Fruit Crunch	9	Chicken Gumbo Soup Macaroni Salad Kidney Bean Salad Cheese Cubes Jell-O	10
Cheese Burgers Seasoned Potato Wedges Steamed Spinach Pears	13	Tomato Basil Soup (LS Alt=LS Tomato Soup) Cold Cut Sandwich Broccoli Salad Ambrosia	14	Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit	15	Oriental Pepper Steak Brown Rice Midori Blend Vegetables Tropical Fruit Pudding	16	Country Fried Steak w/Country Gravy Mashed Potatoes Peas Apricots	17
Chicken Tenders Hash brown Casserole Brussels Sprouts Fruit Cocktail	20	Baked Ham (LS Alt=Pork Roast) Sweet Potatoes Steamed Broccoli Fresh Fruit	21	Cabbage Rolls Mashed Potatoes Cook's Choice Vegetables Apple Slices w/Dip Pie	22	Beef Vegetable Soup Egg Salad Sandwich Three Bean Salad Mandarin Oranges	23	Lasagna Steamed Cauliflower Tossed Salad Fruit Crisp	24
Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Juice	27	Ham Loaf (LS Alt=Meatloaf) Red Skin Potatoes Cole Slaw Apple Sauce	28	Ham Salad (LS Alt=Chicken Salad) Lettuce & Tomato Marinated Carrots Hawaiian Delight Salad	29	Sloppy Joe Sandwich Potato Wedges Malibu Blend Vegetables Pears Sites Only: Taco Bar	30	Stuffed Chicken Breast Au Gratin Potatoes Stewed Tomatoes Pineapple Brownies	31