

LUNCH CALENDAR

NOVEMBER, 2017

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken Breast Sandwich Au Gratin Potatoes Buttered Beets Malibu Fruit Salad	1 Chicken Alfredo Pasta Steamed Carrots Peas Pineapple & Bananas	2 Country Fried Steak w/ Country Gravy Mashed Potatoes Green Beans Apricots
Goulash Summer Squash Winter Blend Vegetables Pears Yogurt	6 Ham Loaf (LS Alt=Meat Loaf) Sweet Potatoes Butter Beans Pineapple Chunks	7 Chicken & Noodles Mashed Potatoes Midori Blend Vegetables Plums	8 Home Delivery Menu Only: Roast Beef Sandwich Marinated Carrots Five Cup Salad Vegetable Juice No meal at sites. Call us and make your breakfast reservation.	9 CLOSED VETERANS DAY
Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Peaches	13 Hot Chicken Sandwich Potato Wedges Cooked Cabbage Applesauce	14 Sausage & Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Peas w/Onions Diced Fresh Fruit	15 Chicken Vegetable Soup Egg Salad Sandwich Broccoli Salad Jell-O	16 Pot Roast Boiled Potatoes Carrots Orange Segments Cookies
BBQ Pork Sandwich Tater Tots Ranch Style Beans Cole Slaw	20 Hot Dogs (LS Alt=Chicken Breast) Macaroni & Cheese Stewed Tomatoes Tropical Fruit Salad Orange Juice	21 Roast Turkey Savory Bread Dressing Green Bean Casserole Butternut Squash Pumpkin Pie	22 CLOSED HAPPY THANKSGIVING	23 CLOSED HAPPY THANKSGIVING
Stuffed Chicken Breast Long Grain & Wild Rice Cook's Choice Vegetable Fresh Grapes Asst. Juice	27 Shepherd's Pie Sliced Zucchini Green Salad Fruit Crisp	28 Beef Noodle Soup Chicken Salad Sandwich Pea Salad Sunshine Salad	29 Burgers Seasoned Potato Wedges Mixed Vegetables Fresh Fruit Iced Cake	30