

LUNCH CALENDAR

APRIL, 2018

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pot Roast Boiled Potatoes Carrots Pineapple 2	BBQ Pork Sandwich Tater Tots Ranch Style Beans Tropical Fruit Salad 3	Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese Mixed Vegetables Banana Fruit Juice 4	Roast Turkey Dressing Steamed Broccoli Diced Beets Orange Cranberry Salad 5	Goulash Cooked Cabbage Seasoned Corn Peaches Cookies 6
Shepherd's Pie Steamed Cauliflower Fruit Crisp 9	Broccoli Cheese Soup Egg Salad Sandwich Green Salad Dark Sweet Cherries 10	Cheese Burgers Seasoned Potato Wedges Steamed Spinach Pears Brownies 11	Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Bananas Fruit Juice 12	Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit 13
Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges 16	Chicken Fried Steak w/Country Gravy Mashed Potatoes Green Peas Apricots 17	Split Pea Soup (LS Alt=LS Tomato Soup) Chicken Salad Sandwich Three Bean Salad Jell-O w/Fruit 18	Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Steamed Broccoli Fruit Cobbler 19	Cabbage Rolls Mashed Potatoes Cook's Choice Vegetables Apple Slices w/Dip 20
Chicken & Rice Soup Roast Beef Sandwich Potato Salad Fruit Compote 23	Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce 24	Chicken Tenders Au Gratin Potatoes Brussels Sprouts Fruit Cocktail 25	Sloppy Joe Sandwich Oven Fries Malibu Blend Vegetables Fresh Fruit Pie 26	Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes 27
Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Fruit Juice 30				