

LUNCH CALENDAR

MARCH, 2017

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Low Sodium Alternative (**items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Potato Soup Egg Salad Sandwich Cheese Cubes Spinach Salad Fruit Salad 1	Pot Roast Boiled Potatoes Carrots Orange Segments Pudding 2	Macaroni & Cheese Summer Squash Baked Apples Tomato Juice 3
Beef Franks (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Diced Fresh Fruit 6	Roast Turkey Dressing Steamed Broccoli Wax Beans Orange Cranberry Relish 7	Goulash Cooked Cabbage Mixed Vegetables Peaches Brownies 8	Shepherd's Pie Brussels Sprouts Tossed Salad Fruit Crisp 9	Vegetable Lasagna Steamed Cauliflower Baby Carrots Apple Sauce 10
Breaded Pork Chops Redskin Potatoes Sugar Snap Peas Pineapple Chunks 13	Cheese Burgers Potato Wedges Seasoned Spinach Pears Yogurt 14	Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Bananas Cranberry Juice 15	Beef & Vegetable Soup Chicken Salad Sandwich Broccoli Slaw Black Forest Cherry Crunch 16	Corned Beef & Cabbage (LS Alt=Pot Roast) Boiled Potatoes Sliced Carrots Fresh Fruit 17
Beef Stew Broccoli Salad Cottage Cheese Mandarin Oranges 20	Chicken Fried Steak w/Country Gravy Mashed Potatoes Peas Apricots 21	Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Succotash Fresh Oranges 22	Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit Pie 23	Minestrone Soup Garden Salad Cheese Cubes Jell-O 24
Chicken Tenders Au Gratin Potatoes Mixed Vegetables Dark Sweet Cherries Cookies 27	Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Brussels Sprouts Apple Sauce 28	Sloppy Joe Sandwich Oven Fries Malibu Blend Vegetable Fruit Salad 29	Swedish Meatballs Egg Noodles Cooked Cabbage Peas w/Mushrooms Bananas 30	Cream of Broccoli Soup Cheese Sandwich Kidney Bean Salad Sunshine Salad 31