

LUNCH CALENDAR

JANUARY, 2017

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Low Sodium Alternative (**items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED HAPPY NEW YEAR	3 Shepherd's Pie Summer Squash Tossed Salad Fruit Crisp	4 Breaded Pork Chops Redskin Potatoes Sugar Snap Peas Pineapple Chunks	5 Pub Burgers Oven Fries Seasoned Spinach Pears	6 Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Cranberry Juice Bananas
9 Chicken & Noodles Mashed Potatoes Mixed Vegetables Mixed Fruit	10 Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits	11 Chicken Fried Steak w/Country Gravy Mashed Potatoes Green Peas Apricots	12 Beef & Barley Soup Chicken Salad Sandwich Three Bean Salad Jell-O	13 Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Broccoli Florets Fruit Cobbler
16 CLOSED MARTIN LUTHER KING JR. DAY	17 Cabbage Rolls Mashed Potatoes Cook's Choice Vegetables Apple Slices w/Dip Brownies	18 Stuffed Chicken Breast O'Brien Potatoes Brussels Sprouts Fruit Cocktail	19 Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes	20 Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Creamy Cole Slaw Spiced Apple Sauce
23 Sloppy Joes Seasoned Potato Wedges Malibu Blend Vegetable Fruit Salad	24 Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Fresh Apple	25 Chicken & Rice Soup (LS Alt=LS Tomato Soup) Cold Cut Sandwich Kidney Bean Salad Ambrosia	26 Beef & Noodles Mashed Potatoes Green Beans Peaches	27 Sausage & Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Grape Juice
30 Beef Pot Roast Boiled Potatoes Carrots Tropical Fruit	31 Liver & Onions or Salisbury Steak Mashed Potatoes Seasoned Corn Apple Sauce			